I Can Still Remember (P)



拍數: 64 牆數: 0 級數: Improver - Partner

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音樂: Made of Gold - Derek Ryan



Intro: 20 count. - Position: Sweet heart, Indian and facing with crossed arms.

Section 1: Cross point, cross point and Jazz box

1-2 Cross R and point out L3-4 Cross L and point out R

5-6 Cross R over L and and step R and back on L

7-8 Step R and step L together

Section 2: Step ½ turn and step, step ½ turn and hold

Arms: Lift R and L fall

1-2 Step forward R and ½ turn3-4 Step forward R and hold

Arms: Lift R and L fall

5-6 Step L forward and ½ turn 7-8 Step forward L and hold

(Tag here after two rounds) *

Section 3: Step to side, forward and hold, step ½ turn and cross shuffle

1-2 Step to side on R and together L3-4 Step forward on R and hold

5-6 Step forward on L and ¼ turn (Indian position)

7&8 Cross shuffle

Section 4: Side rock and shuffle 1/4 turn, walk, walk and shuffle (man) full turn (lady)

1-2 Step to side R and back on L

3&4
5-6
7&8
7&8
4 turn shuffle
Walk R, walk L
Man shuffle
Lady full turn

Section 5: 1/4 turn triple step and hold, and 1/2 turn triple and hold. Ladies step: Man triple 1/4 turn on spot.

Arms: Lifting L arm and lady walks backward in front of man. Position: Facing each other.

1-4 Turn 1/4 in three step R-L-R and hold, Arms: Lifting L arm and both time lady in front of man.

5-8 Turn ½ in three step L-R-L and hold. Position: Facing each other

Section 6: Step 1/4 turn, walk, shuffle, walk, walk shuffle for man and full turn for lady.

1-2 step ¼ turn R, step L. Position: Back in sweetheart.

3&4 Shuffle

5-6 Step L, step R7&8 Shuffle for man7&8 Full turn for lady

Section 7: Diagonal Vine/rolling vine left touch, diagonal vine/rolling vine right touch.

1-4 Vine to L and touch

5-8 Vine to R and touch for man

5-8 Vine with full turn R and touch for lady. Arms: L arm fall.

Section 8: Step to side and slid and back rock, step to side and slide and back rock.

1-4 Step R slid and back rock 5-8 Step L slid and back rock

Tag after 2 rounds - 20 counts *Tag: Section 1 and 2, + Rocking chair and Restart.

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