

# I Am The Best

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: John Ng (SG) - December 2013  
音樂: I Am the Best (내가 제일 잘나가) - 2NE1



Intro: 80 counts from start of track (start dance after the words: "Oh My God")

## FORWARD ROCK, R COASTER, PIVOT ½ R, STEP, SCUFF

1-2                      Rock forward on right, recover onto left  
3&4                      Step back on right, step left beside right, step forward on right  
5-6                      Step forward on left, pivot ½ turn right  
7-8                      Step forward on left, scuff right

## FORWARD, SLIDE, BODY ROLL (DOWN TO UP), BACK, SLIDE, BODY ROLL (DOWN TO UP)

1-2                      Step forward on right, slide left towards right foot and beside right  
3-4                      Bending knees and body roll up over 2 counts  
5-6                      Step back on right, slide left towards right foot and beside right  
7-8                      Bending knees and body roll up over 2 counts

## R CHASSE, BACK ROCK, ¼ R, ¼ R, CROSS SHUFFLE

1&2                      Step right to right, step left beside right, step right to right  
3-4                      Rock left behind right, recover onto right  
5-6                      ¼ turn right step back on left, ¼ turn right step right to right  
7&8                      Cross left over right, step right to right, cross left over right

## SIDE, SLIDE, HIP ROLL, SIDE, SLIDE, HIP ROLL

1-2                      Step right to right, drag left toe towards right  
3-4                      Roll hips anti-clockwise over 2 counts  
5-6                      Step left to left, drag right toe towards left  
7-8                      Roll hips clockwise over 2 counts

## OUT-OUT, R CHASSE, OUT-OUT, L CHASSE

1-2                      Step right to right, step left to left  
3&4                      Step right to right, step left beside right, step right to right  
5-6                      Step left to left, step right to right  
7&8                      Step left to left, step right beside left, step left to left

## CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE, CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ L

1&2&                      Rock right over left, recover onto left, rock right to right, recover onto left  
3&4                      Rock right over left, recover onto left, step right to right  
5&6&                      Rock left over right, recover onto right, rock left to left, recover onto right  
7&8                      Rock left over right, recover onto right, ¼ turn left step forward on left

## R FORWARD SHUFFLE, L FORWARD SHUFFLE, R KICK & POINT, L KICK & POINT

1&2                      Step forward on right, lock left behind right, step forward on right  
3&4                      Step forward on left, lock right behind left, step forward on left  
5&6                      Kick right foot forward, step right beside left, point left toe to left  
7&8                      Kick left foot forward, step left beside right, point right toe to right

## CROSS, SIDE, BEHIND, ¼ R, STEP, FORWARD ROCK, L COASTER

1-2                      Cross right over left, step left to left  
3&4                      Step right behind left, ¼ turn left step forward on left, step forward on right

5-6 Rock forward on left, recover onto right  
7&8 Step back on left, step right beside left, step forward on left

**REPEAT**

Contact: [john\\_nkt@yahoo.com](mailto:john_nkt@yahoo.com)

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