Phil's Red Timber

拍數: 32   牆數: 2   級數: Intermediate

編舞者: Rachel Pearson (USA) - December 2013

音樂: Sussudio - Phil Collins

Alt. music:-
Red by Taylor Swift, 16-count intro to Red,
Timber by Pitbull and Kesha. 16-count intro to Timber

Start: 32-count intro to Sussudio,

[1-8] CROSS-POINT, CROSS-POINT, ¼ TURN R STEP-SLIDE, STEP BACK-SLIDE

1-2	Cross Rf over Lf (1), Point Lf to L (2)
3-4	Cross Lf over Rf (3), Point Rf to R (4)
5-6	Turn ¼ R taking big step R onto Rf (5) (3:00), Slide Lf to R and touch next to Rf (6)
7-8	Take big step back with Lf (7), Slide Rf back and touch next to Lf (8)

[9-16] ROCK-RECOVER-STEP BACK, ½ TURN L, STEP, MAMBO L, ¼ CHUG TURN L

1&2	Rock R onto Rf (1), Recover onto Lf (&), Step Rf back behind Lf (2)
3-4	Turn ¼ L stepping forward onto Lf (3) (9:00), Step Rf forward (4)
5&6	Step Lf to L (5), Recover onto Rf (&), Close Lf to Rf (6)
7-8	Weighted on Lf, extend and push off with Rf, while swiveling on ball of Lf for 1/8 turn L (7), Repeat for an additional 1/8 turn L (8) (6:00) (NOTE: Chug turn continues and ends by crossing Rf over Lf at 12:00 wall)

[17-24] ½ CHUG TURN L W/CROSS, BALL ROCK-RECOVER/¼ PIVOT R -STEP L, ¼ PIVOT R - RECOVER-CROSS, ROCK-RECOVER

1-2	Continue weighted on Lf , pushing off with Rf for ¼ turn L (1) (3:00). REPEAT and end crossing Rf over Lf (2) (12:00)
3&4	Rock L onto ball of Lf (3), Recover Rf and pivot ¼ turn R (&) (3:00), Step Lf forward (4)

(Note: 3&4 and 5&6 are fast. Consider the ¼ Pivot R-Step L as "on the way" to a ½ turn R.)

5&6	Pivot ¼ R (6:00) shifting weight to Rf (5), Recover Lf (&), Cross Rf over Lf (6)
7- 8	Rock Lf out to L side (7), Recover Rf (8)

[25-32] SWAY-SWAY, STEP, ½ PIVOT TURN R (WEIGHT L), WALK, WALK, STEP, ½ PIVOT L

1-2	Sway L (1), Sway R (2)
3-4	Step Lf forward (3), Pivot ½ turn R shifting weight to Lf (4) (12:00) (Styling: You can sit back into L hip, bring R toe back to Lf, bending R knee)
5-6	Walk Rf (5), Walk Lf (6)
7-8	Step Rf forward (7), Pivot ½ turn L, shifting weight to Lf (8) (6:00)

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