Strut n' Go



拍數: 32 牆數: 4 級數: Ultra Beginner

編舞者: Denise Brault (USA) - January 2014

音樂: Sittin' On Go - Bryan White



Begin on vocals

TOE STRUT, TOE STRUT, TOUCH, TOUCH, TOUCH HOLD

1-2 Step right toe forward, drop right heel3-4 Step left toe forward, drop left heel

5-6-7-8 Touch right toe to side, touch right toe together, touch right toe to side, hold

(snap both fingers on hold)

9-16 Repeat 1-8

STEP, KICK, STEP, KICK, STEP, KICK

17-18 Step right back, kick left forward (clap)
19-20 Step left back, kick right forward (clap)
21-22 Step right back, kick left forward (clap)
23-24 Step left back, kick right forward (clap)

(keep kicks low and small)

OUT, OUT, IN, IN, SIDE, 1/4 TURN HIP BUMPS

25-28 Step right to right side, step left to left side, step right to center, step left to center

29-32 Step right forward, bumping hips right, left, right, left making ¼ turn left.

(weight ends left)

REPEAT

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