Timber

拍數: 96

級數: Phrased Intermediate

編舞者: Wes Smith (USA) - December 2013

音樂: Timber (feat. Kesha) - Pitbull

Start on vocals

Dance Sequence: AA - B - AAA - B - AAAA

"A" - 32 counts

- [1-8] Triple forward, triple forward, out, out, back, back
- 1&2 Step forward on R, step L next to R, step forward on R
- 3&4 Step forward on L, step R next to L, step forward on L
- 5-6 Step R out and to the front, step L out and to the front
- 7-8 Step back on R, step back on L

[9-16] Rock, recover, triple forward, step, ¼ turn, crossing triple

- 1-2 Rock back on R, recover on L
- 3&4 Step forward on R, step L next to R, step forward on R
- 5-6 Step forward on L, ¼ turn R stepping on R
- 7&8 Step L over R, step R to R side, step L over R

[17-24] 1/8 turn (left diagonal) together, coaster step, 1/4 turn, 1/2 turn, step, 1/4 turn

- 1-2 Step back on R making 1/8 turn to left (diagonal), step L next to R
- 3&4 Step back on R, step L next to R, step forward on R
- 5,6,7,8 ¹/₄ turn R stepping back on L, ¹/₂ turn R stepping forward on R, step forward on L, ¹/₄ turn R stepping on R (squaring back up to 3 o'clock wall)

[25-32] Cross, side, behind, side, ¼ turn, step hold, step hold

- 1-2 Step L across R, step R to R side
- 3&4 Step L behind R, step R to R side, ¼ turn R stepping forward on L
- 5-6 Step forward on R, hold
- 7-8 Step forward on L, hold

"B" - 64 counts

[1-8] \Box Touch, step, touch, step, back, back, touch, ½ turn

- 1-2 Touch R forward, step down on R
- 3-4 Touch L forward, step down on L
- 5-6 Walk back on R, walk back on L
- 7-8 Touch R behind, ½ turn R putting weight on R

[9-16] Kick ball step, kick ball step, rock, recover, back, ¼ turn

- 1&2 Kick L forward, step down on L, step forward on R
- 3&4 Kick L forward, step down on L, step forward on R
- 5-6 Rock forward on L, recover back on R
- 7-8 Step back on L, ¼ turn R stepping on R

[17-24] Down, apart, together, up, punch, recover rock back, recover

- 1,2,3,4 Bend at knees, open knees, close knees, stand up
- 5-6 Punch R to L side across front while rocking L out on L foot, bring R arm back to middle of chest while recovering back on R foot
- 7-8 With R fist still in middle of chest rock back, then rock forward

[25-32] Sailor step, sailor step, jazz box with 1/4 turn touch





牆數:2

- 1&2 Step R behind L, step L next to R, step R next to L
- 3&4 Step L behind R, step R next to L, step L next to R
- 5,6,7,8 Step R across L, step back on L, ¼ turn R stepping on R, touch L next to R

[33-40] 1/4 turn, 1/2 turn, 1/2 turn, step, 1/2 turn, 1/4 turn, behind, side, cross

- 1-2 ¹/₄ turn L stepping on L, ¹/₂ turn L stepping back on R
- 3-4 ¹/₂ turn L stepping forward on L, step forward on R
- 5-6 ¹/₂ turn L stepping forward on L, 1/4 turn L stepping R to side
- 7&8 Step L behind R, step R to R side, step L across R

[41-48] Kick ball cross, kick ball cross, rock, recover, behind, side, cross

- 1&2 Kick R to front, step down on R, cross L over R
- 3&4 Kick R to front, step down on R, cross L over R
- 5-6 Rock R to R side, recover on L
- 7&8 Step R behind L, step L to L side, cross R over L

[49-56] 1/4 turn, 1/2 turn, 1/2 turn, step, 1/2 turn, 1/4 turn, behind, side, cross

- 1-2 ¹/₄ turn L stepping on L, ¹/₂ turn L stepping back on R
- 3-4 ¹/₂ turn L stepping forward on L, step forward on R
- 5-6 ¹/₂ turn L stepping forward on L, 1/4 turn L stepping R to R side
- 7&8 Step L behind R, step R to R side, step L across R

[57-64] 1/2 turn, touch, coaster step, heel, hook, heel, step, heel, hook, heel, step

- 1-2 ¹/₂ turn R stepping on R, touch L next to R
- 3&4 Step back on L, step R next to L, step forward on L
- 5&6& Touch R heel to front, hook R across L, touch R heel to front, step down on R
- 7&8& Touch L heel to front, hook L across R, touch L heel to front, step down on L

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