West Texas Polka

級數: Beginner

編舞者: Charles Alexander (SWE) - February 2011

音樂: West Texas Town - George Strait & Dean Dillon

Intro: 16 counts, approx. 9 sec - 115 bpm Start on vocals

[1 - 8] STEP, STEP 1/4 TURN RIGHT, RIGHT SAILOR STEP, LEFT SAILOR, RIGHT SAILOR 1/4 TURN

- 1-2 Step right forward. Turn 1/4 right stepping left to left. [3:00]
- 3&4 Cross right behind left. Step left to left side. Step right to right side.
- 5&6 Cross left behind right. Step right to right side. Step left to left side.
- 7&8 Make 1/4 turn right crossing right behind left. Step left to left side. Step right to right side. [6:00]

[9 - 16] ROCK, RECOVER, SHUFFLE 1/2 TURN, STEP 1/2 TURN, KICK-BALL-STEP

- 1-2 Rock left forward. Recover onto right.
- 3&4 Make a 1/2 turn left stepping left forward. Step right beside left. Step left forward. [12:00]
- 5-6 Step right forward. Turn 1/2 left shifting weight to left. [6:00]
- 7&8 Kick right forward. Step right next to left. Step left forward.

Repeat and enjoy!

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拍數: 16

牆數:2