

# She And I

拍數: 32      牆數: 2      級數: Improver  
編舞者: Gaye Teather (UK) - February 2014  
音樂: She and I - Toby Keith : (CD: Alabama & Friends)



**Shuffle forward. Step. Pivot half turn Right. Shuffle forward. Full turn Left (travelling forward)**

1&2      Step forward on Right. Step Left beside Right. Step forward on Right  
3 – 4      Step forward on Left. Pivot half turn Right  
5&6      Step forward on Left. Step Right beside Left. Step forward on Left  
7 – 8      Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 6 o'clock)

**(Easy option for counts 7 – 8: Walk forward Right. Left)**

**Right kick-ball-cross x 2. Side rock & side. Drag**

1&2      Kick Right foot forward. Step Right beside Left. Cross Left over Right  
3&4      Kick Right foot forward. Step Right beside Left. Cross Left over Right  
5 – 6      Rock Right to Right side. Recover onto Left  
&7 – 8      Step Right beside Left. Step Left to Left side (long step). Drag Right to touch beside Left

**\*Restart dance from beginning at this point during wall 4 facing 12 o'clock**

**Walk back x 2. Coaster step. Walk forward x 2. Left kick-ball-point**

1 – 2      Walk back Right (popping Left knee forward). Walk back Left (popping Right knee forward)  
**(To make it a little bit more funky try swivelling Left heel in on Left knee pop and Right heel in on Right knee pop)**  
3&4      Step back on Right. Step Left beside Right. Step forward on Right  
5 – 6      Walk forward Left. Right  
7&8      Kick Left foot forward. Step Left beside Right. Point Right to Right side

**Right Sailor step. Sailor quarter turn Left. Cross. Unwind three quarter turn Left (with heel bounces). Coaster step**

1&2      Cross Right behind Left. Step Left to Left side. Step Right to Right side  
3&4      Quarter turn Left crossing Left behind Right. Step Right to Right side. Step Left to Left side  
5 &6      Cross Right over Left. Unwind three quarters Left bouncing heels twice (Facing 6 o'clock) (weight on Right)  
7&8      Step back on Left. Step Right beside Left. Step forward on Left

**Start again**