

It's Hard To Be Cool

拍數: 32 牆數: 4 級數: Improver
編舞者: Séverine Fillion (FR) - February 2014
音樂: Hard to Be Cool - Joe Nichols : (Album: Crickets)



Intro : 32 counts

[1-8] ROLLING VINE, STOMP-UP, SIDE TRIPLE, ROCK BACK

1-2 ¼ turn right stepping right fwd, ½ turn right stepping left back
3 ¼ turn right stepping right to right side 12:00
4 Stomp-up left next to right
5&6 Triple step left – right – left to left side
7-8 Rock back on right, recover on left

[9-16] HEEL SWITCH, STOMP FWD, RIGHT HEEL TWIST, KICK, ROCK BACK

1&2& Touch right heel fwd, recover on right, touch left heel fwd, recover on left
3 Stomp right fwd
4-5 Swivel right heel to the right, recover right heel to the center
6 Kick right fwd
7-8 Rock back on right, recover on left * Restart here on wall 3

[17-24] STEP 1/2 TURN, TRIPLE 1/2 TURN, ROCK BACK, STEP 1/2 TURN

1-2 Right step fwd, turn ½ left (weight on left) 6 :00
3&4 Triple step right – left – right fwd ½ turning left 12 :00
5-6 Rock back on left, recover on right
7-8 Left step fwd, turn ½ right (weight on right) 6 :00

[25-32] 1/4 TURN & VINE TO LEFT, FLICK (& SLAP), STOMP, HEEL TWIST, STOMP-UP

1-2-3 ¼ turn right stepping left to left, right cross behind left, left to left 9 :00
4 Flick right back (+ Slap right hand on right foot)
5 Stomp right fwd
6-7 Swivel both heels to the right, recover both heels to the center
8 Stomp-up right next to left (keep weight on left)

Start again and enjoy !

RESTART : After 16 counts on wall 3 at 6:00