

La Isla Bonita

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver - Salsa & Samba
編舞者: Christina Yang (KOR) - January 2014
音樂: La Isla Bonita - Anna Book



Start the dance after 32 counts.

SECTION 1: SALSA BASIC STEP, FORWARD HEEL TOUCH, SALSA BASIC STEP, 1/4 TURN TO R WITH SIDE TOUCH, FLICK, 1/4 TURN TO R WITH SIDE TOUCH, FLICK

1&2 RF backward walk, LF replace, RF forward walk
3&4& LF forward walk, RF replace, LF backward walk, RF forward heel touch
5&6 RF backward walk, LF replace, RF forward walk
7&8& 1/4 turn to R with LF side touch, LF flick behind to R, 1/4 turn to R with LF side touch, LF flick behind to R

SECTION 2: SALSA BASIC STEP, FORWARD HEEL TOUCH, SALSA BASIC STEP, SAMBA LOCKS, 1/4 TURN TO R

1&2& LF forward walk, RF replace, LF, LF backward walk, RF forward heel touch
3&4& RF backward walk, LF replace, RF forward walk, LF flick
5&6& 1/8 turn to R with LF forward walk, RF crossed behind LF, LF forward short step, RF flick to R
7&8& 1/8 turn to L RF forward walk, LF crossed behind RF, RF forward short step, 1/4 turn to R with LF Flick

SECTION 3: STATIONARY SAMBA WALKS, OPEN BOX STEP WITH HITCH

1-2& LF closed to RF with weight change to L, RF backward walk with weight (Pelvis tilted back)., LF replace with weight change to L
3-4& RF closed to LF with weight change to R, LF backward walk with weight (Pelvis tilted back). RF replace with weight change to R
5&6& LF crossed forward walk, 1/8 turn to L with RF side step, 1/8 turn to L with LF backward walk, RF hitch
7&8& RF backward walk, 1/8 turn to L with LF side step, 1/8 turn to L with RF forward walk, LF hitch

SECTION 4: OPEN BOX STEP WITH HITCH, SIDE SWAY LR, LRL

1&2& LF forward walk, 1/8 turn to L with RF side step, 1/8 turn to L with LF backward walk, RF hitch
3&4& RF backward walk, 1/8 turn to L with LF side step, 1/8 turn to L with RF forward walk, LF hitch(you will return to starting wall)
5-6 LF side step with full weight, full weight changed to RF while RF replace
7&8 LF replace with full weight, full weight changed to RF while RF Replace, LF replace with full weight

Tag : After the 6th wall, it has a 4 counts Tag

1-2 RF side step with full weight, full weight changed to RF while LF replace
3&4& RF replace with full weight, full weight changed to LF while LF replace, full weight changed to RF while RF replace, full weight changed to LF while LF replace

Ending pose: On the 11th wall, you should dance until 8 counts of section 1.
You will facing to 12:00 o'clock with LF side touch step

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