

5:19 (Five Nineteen)

COPPER KNOB
BY STEPHEN BERTS

拍數: 32 牆數: 4
編舞者: Betsy Courant (USA) - March 2014
音樂: 5:19 - Matt Wertz



(Dance starts on lyrics)

WALK FORWARD R L, R MAMBO STEP, WALK BACK L R (or full turn traveling back), L COASTER STEP

1-2 Walk forward Right, Left
3&4 Rock forward Right, recover Left, step back Right
5-6 Walk back Left, Right (OPTIONAL: ½ turn left step forward Left, ½ turn left step back Right)
7&8 Step back Left, step Right next to Left, step forward Left

R ROCK, L RECOVER, R ¼ SAILOR STEP, STEP 1/2, ROCK FWD, RECOVER, BACK

1-2 Rock Right to right side, recover Left
3&4 Cross Right behind Left, make ¼ turn right stepping Left next to Right, step Right to right side
 [3:00]
5-6 Step forward Left, make ½ turn right and step forward on Right [9:00]
7&8 Rock forward Left (7), recover Right (&), rock back Left (8)**

**** (Restart here on Wall 3)**

RECOVER R, STEP L SPIRAL, RIGHT SHUFFLE, ROCK, RECOVER, BACK LOCK STEP

&1-2 Recover Right, step forward Left and make full spiral turn right (weight on Left)
3&4 Shuffle forward Right, Left, Right
5-6 Rock forward Left, recover Right
7&8 Step back Left, cross Right over Left, step back Left

R BACK, L TOUCH, ½ TURN, ½ TURN, L TOUCH, ½ TURN, R STEP, ROCK, RECOVER, BEHIND, SIDE, CROSS

&1-2 Step back Right, touch back Left, ½ turn left step forward Left [3:00]
&3-4 ½ turn left step back Right, touch back Left, ½ turn left step forward Left
&5-6 Step Right next to Left, rock forward Left, recover Right
7&8 Step Left behind Right, step Right to right side, cross Left slightly over Right [3:00]

TAG (end of Walls 1 & 4):

ROCK, RECOVER, BEHIND, SIDE, CROSS (2X)

1 – 4 Rock Right to right side, recover Left, step Right behind Left, step Left to left side, cross Right over Left
5 – 8 Rock Left to left side, recover Right, step Left behind Right, step Right to right side, cross Left slightly over Right

****RESTART ON WALL 3 AFTER COUNT 16**

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