

Smilin'

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver / Easy Intermediate
編舞者: Paul McQueen (AUS) - January 2014
音樂: Smilin' Song - Vince Gill : (Album: These Days - 2:59)



This Dance Is Done In Four Directions.

Introduction: 32 Beats Start On Vocals. Dance Direction: Counter Clockwise.

SIDE ROCK, SAILOR, SIDE, BEHIND ¼ TURN SHUFFLE FORWARD

1, 2 Step R Side, Rock Back Onto L
3 & 4 Sailor: Step R Behind Left, Step L To The Side, Step R To The Side
5, 6 Step L Behind R, ¼ Turn Step R Forward
7 & 8 Shuffle Forward: L-R-L

STEP FORWARD KICK, STEP BACK TOUCH, POINT HITCH, POINT HITCH

1, 2 Step Forward R, Kick Forward With L Foot
3, 4 Step Back On L, Touch Back With R Foot
5, 6 Point R To Right, Hitch R With Knee Bend Towards L Leg
7, 8 Point R To Right, Hitch R With Knee Bend Towards L Leg

The Hitch Is A Strong Knee Bend. However, If You Have Trouble With Balance Keep The Hitch Small, With A Slight Knee Bend For Balance.

SIDE SHUFFLE, 1/2 HINGE TURN, SIDE SHUFFLE, STEP FORWARD HALF, TURN PIVOT, STEP FORWARD HALF TURN PIVOT

1 & 2 & Side Shuffle To The Right Step: R-L-R, Turn 180° Left On Ball R Foot
3 & 4 Side Shuffle To The Left Step: L-R-L
5, 6 Pivot: Step R Forward, Turn 180° Left Take Weight Onto L
7, 8 Pivot: Step R Forward, Turn 180° Left Take Weight Onto L

DOROTHY STEP, DOROTHY STEP, ROCKING CHAIR

1, 2 & Step R Forward At 45° Right, Lock L Behind Right, Step R Back
3, 4 & Step L Forward At 45° Left, Lock R Behind Left, Step L Back
5, 6 Rocking Chair: Step R Forward, Rock Back Onto L,
7, 8 Step R Back, Rock Forward Onto L

[32]□Repeat The Dance In New Direction

This Dance Is Designed To Introduce Hinge And Dorothy Steps To Students That Are Beyond The Beginner Stage Of Line Dancing.

The Tempo Is Slow Enough So The Two Types Of Steps Can Be Completed With Ease And Not Hurried. It's A Happy Song With A Great Beat. Have Fun. Enjoy.

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