Something New In NC2

級數: Intermediate NC2 Rhythm

編舞者: Jamie Marshall (USA) - February 2014

音樂: Something New (Zumba music)

(Music: This song was listed as a "Bonus Choreography" at ZUMBA.com. After several attempts to find out who the artist is by emailing ZUMBA's corporate office, after several postings on FB and in ZIN...the artist remains a mystery.)

BASIC R, BASIC L, ¼ R, ¼ R, WEAVE, PRESS

- 1,2& Extended step R to R (1), Rock L back (2), Slightly cross R over L (&)
- 3,4& Extended step L to L (3), Rock R back (4), Slightly cross L over R (&)
- 5,6 Turn ¼ R, stepping R forward (5), Turn ¼ R, stepping L to L (6)
- 7&8& Cross R behind L (7), Step L to L (&), Cross R over L (8), Press (rock) L to L (&) (6:00)

BASIC R, BASIC L, ¼ R, ¼ R, STEP BACK, CROSS, UNWIND, FULL TURN R

- 1,2& Extended step R to R (1), Rock L back (2), Slightly cross R over L (&)
- 3,4& Extended step L to L (3), Rock R back (4), Slightly cross L over R (&)
- 5,6 Turn ¼ R, stepping R forward (5), Turn ¼ R, stepping L to L (6) (12:00)
- &7,8 Step R back (&), Cross L over R (7), Quick unwind, full turn to R, taking weight on L (8) (12:00)

*Option: &7,8..instead of full turn: Step R back (&), Touch L forward (7), Step L next to R (8)

BASIC R, BASIC L, ROCKING CHAIR, STEP, ¾ L, SWEEPING L

- 1,2& Extended step R to R (1), Rock L back (2), Slightly cross R over L (&)
- 3,4& Extended step L to L (3), Rock L back (3), Slightly cross L over R (&)
- 5&6& Rock R forward (5), Recover onto L (&), Rock R back (6), Recover onto L (&)
- 7,8 Step R forward, bending knee to prep for reverse turn (7), Turn ³/₄ L , sweeping L around (8) (3:00)

*Option: 7,8..instead of stepping forward and reverse ¾ turn: simply step forward (7), turn ¼ R, Point L to L (8)

WEAVE R, SWAYS, WEAVE L, SWAYS, TURN 1/4 L

- 1&2 Step L behind R (1), Step R to R (&), Cross L over R (2)
- 3,4 Sway hips, stepping R to R (3), Sway hips to L, stepping L in place (4)
- 5&6 Step R behind L (5), Step L to L (&), Cross R over L (6)
- 7,8 Sway hips, stepping L to L (7), Sway hips to R, turning ¼ L, recovering weight onto R (8) (12:00)

STEP, SLIDE MAKING BOX, CROSS, ROCK, STEP, CROSS, ROCK STEP

- 1,2 Step L to L (1), Turn ¼ L, stepping R to R, sliding R to L then out to R (2) (9:00)
- 3 Turn ¼ L, sliding L to R, as step L to L (3), (6:00)
- 4 Turn ¼ L, sliding R to L, as step R to R (4) (3:00)
- 5&6 Cross rock L over R (5), Recover onto R (&), Step L next to R (6)
- 7&8 Cross rock R over L (7), Recover onto L (&), Step R next to L (8)

WALK, WALK, ROCK, RECOVER, STEP, CROSS, SLOW UNWIND

- 1,2 Step L forward (1), Step R forward (2)
- 3&4 Rock L forward (3), Recover onto R (&), Step L back (4)
- &5 Step R back (&), Cross L over R (5)
- 6,7,8 Slow unwind 1 ¼ R, transferring weight onto L (6,7,8)

TAGS: Repeat last 16 counts after Walls 2 & 4 (instrumental parts), you will be doing slow unwind...keeping





拍數: 48

牆數:2

weight on R for Tag to step L, making the box.

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