Some Nights (那些夜晚) (zh)

拍數: 64 **牆數:** 2 **級數:** Intermediate
編舞者: Maggie Gallagher (UK) - 2012年09月
音樂: Some Nights - Fun.

64 counts (36 secs) Start on the word 'more' when the beat kicks in
64拍(約36秒)後, 唱到'more'時起跳

第一段□CROSS ROCK R/L, CROSS ROCK L/R & SIDE ROCK L/R, L HEEL GRIND ¼ L, L COASTER

1-2&	Cross rock right over left, Recover on left, Step right to right side 右足於左足前交叉下沉, 左足回復, 右足右踏
3&4&	Cross rock left over right, Recover on right, Rock left to left side, Recover on Right 左足於右足前交叉下沉, 右足回復, 左足左下沉, 右足回復
5-6	Grind left heel across right ¼ turning left, Recover weight on to right [9:00] 左足踵於右足前交叉左轉90度, 右足回復(面向9點鐘)
7&8	Step back on left, Step right next to left, Step forward on left 左足後踏, 右足併踏, 左足前踏

第二段□R HEEL GRIND ½, R COASTER, & WALK R,L, STEP R, ½ PIVOT L

1-2	Grind right heel across left ½ turning right, Recovering weight on to left [3:00] 右足踵於左足前交叉右轉180度, 左足回復(面向3點鐘)
3&4	Step back on right, Step left next to right, Step forward on right 右足後踏, 左足併踏, 右足前踏
&5-6	Step left next to right, Walk forward right, Walk forward left 左足併踏, 右足前走, 左足前走
7-8	Step forward on right, ½ pivot left [9:00] 右足前踏, 左軸轉180度(面向9點鐘)

第三段□& WALK L,R, STEP L, ¼ PIVOT L, CROSS L, R SIDE, BEHIND & L HEEL

&1-2	Step right next to left, Walk forward left, Walk forward right 右足併踏, 左足前走, 右足前走
3-4	Step forward on left, ¼ pivot right [12:00] 左足前踏, 右軸轉90度(面向12點鐘)
5-6	Cross left over right, Step right to right side 左足於右足前交叉踏, 右足右踏
7&8	Cross left behind right, Step back on right, Tap left heel forward on slight diagonal 左足於右足後交叉踏, 右足後踏, 左足踵斜角略前點

第四段□& CROSS R, BACK L, R HEEL, & ROCK FORWARD L, RECOVER R, L COASTER, STEP R, ½ PIVOT L

&1&2	Step left next to right, Cross right over left, Step back on left, Tap right heel forward on slight diagonal 左足併踏, 右足於左足前交叉踏, 左足後踏, 右足踵斜角略前點
&3-4	Small step right next to left, Rock forward on left, Recover on right 右足併踏, 左足前下沉, 右足回復
5&6	Step back on left, Step right next to left, Step forward on left 左足後踏, 右足併踏, 左足前踏
7-8	Step forward on right, ½ pivot left 右足前踏, 左軸轉180度

***Restart Wall 2 facing 12.00 第二面牆跳至此面向12點鐘,從頭起跳**

第五段□R DOROTHY STEP, L DOROTHY STEP, STEP FWD RIGHT, ¾ PADDLE R

1-2&	Step forward on right, Lock left behind right, Step forward on right diagonal 右足前踏, 左足於右足後鎖踏, 右足斜角前踏
3-4&	Step forward on left, Lock right behind left, Step forward on left 左足前踏, 右足於左足後鎖踏, 左足前踏
5-6	Step forward on right, ¼ right pointing left to left side [9:00] 右足前踏, 右轉90度左足左點(面向9點鐘)
&7	Hitch left knee, ½ right pointing left to left side [3:00] 左膝抬, 右轉180度左足左點(面向3點鐘)

第六段□KICK L & POINT R & L, L SAILOR, R SAILOR , ¼ L SAILOR

8&1	Kick left forward, Step left next to right, Point right to right side, 左足前踢, 左足併踏, 左足右點
&2	Step right next to left, Point left to left side 右足併踏, 左足左點
3&4	Cross left behind right, Step right to right side, Step left to left side 左足於右足後交叉踏, 右足右踏, 左足左踏
5&6	Cross right behind left, Step left to left side, Step right to right side 右足於左足後交叉踏, 左足左踏, 右足右踏
7&8	Sweep left behind right, Make 1/4 turn left stepping right to right side, Step left to left side 左足繞至右足後踏, 左轉90度右足右踏, 左足左踏

***Restart Wall 4 facing 6.00 第四面牆跳至此面向6點鐘, 從頭起跳**
During Wall 4 the music slows slightly – keep dancing through it to the Restart.
第四面牆音樂會慢下來, 配合音樂節奏跳到此, 從頭起跳

第七段□WALK R, L, STEP R, ½ PIVOT L, STEP R, TRIPLE FULL TURN R, STOMP R

1-2	Walk forward right, Walk forward on left 右足前走, 左足前走
3-4-5	Step forward on right, ½ pivot left, Step forward right [6:00] 右足前踏, 左軸轉180度, 右足前踏(面向6點鐘)
6&7	Triple full turn right stepping left, right, left 右三步轉圈-左, 右, 左
8	Stomp right forward 右足前重踏

第八段□L MAMBO FWD, ROCK BACK R, ROCK FWD L, R KICK BALL CHANGE, STOMP R,L

1&2	Step forward on left, Step back on right, Step left next to right 左足前踏, 右足後踏, 左足併踏
3-4	Rock back on right, Rock forward on left 右足後下沉, 左足回復
5&6	Kick right forward, step right next to left, step onto left 右足前踢, 右足併踏, 左足踏
7-8	Stomp right, Stomp left 右足重踏, 左足重踏

TAG: End of Wall 1 第一面牆結束時

1-2	Stomp out right, Stomp out left 右足重踏, 左足重踏
3-4	Stomp in right, Stomp in left 右足重踏, 左足重踏

Wall 5 just dance through until the music kicks back in.
第五面牆一直跳到音樂結束時