Sail Over Seven Seas

拍數: 32   牆數: 4   級數: Beginner

編舞者: Nina Chen (TW) - April 2014

音樂: Sail Over Seven Seas - Gina T.

Start: 36 count intro

S1. SLIDE FORWARD DIAGONAL. SHUFFLE FORWARD. FORWARD RECOVER. TURN 1/2 TRIPLE.

1-2	Slide RF diagonally forward. Slide LF diagonally forward.
3&4	Shuffle forward (RLR).
5-6	Step LF forward. Recover onto RF.
7&8	Turn ½ L (6:00) in triple steps (LRL).

S2. CROSS STEP POINT. JAZZ BOX.

1-2-3-4	Cross step RF over LF. Point LF to L. Cross step LF over RF. Point RF to R.
5-6-7-8	Cross step RF over LF. Step LF backward. Step RF to R of LF. Step LF forward.

S3. ROCK FORWARD RECOVER. BACKWARD SHUFFLE. ROCK BACKWARD RECOVER. TURN 1/2 TRIPLE.

1-2	Rock RF forward. Recover onto LF.
3&4	Shuffle backward (RLR).
5-6	Rock LF backward. Recover onto RF.
7&8	Turn ½ R (12:00) in triple steps (LRL).

S4. COASTER STEP. SHUFFLE. ROCKING CHAIR.

1&2	Step RF backward, step LF beside RF, step RF forward
3&4	Shuffle forward (LRL).
5-6	Rock RF forward. Recover onto LF.
7-8	Turn ¼ R (3:00) while rock RF backward. Recover onto LF.

Restart: After S2 of the 5th wall (6:00), Restart from S1. Count this S1 as the start of the 6th wall.

Tags: 4 counts (Sway R. Sway L. Sway R. Sway L.), after the second wall (6:00), and also after the seventh wall (12:00).

As the music will taper off and end after the first 4 counts of S3 of the 10th wall (12:00).

Have Fun & Happy Dancing!

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