Coward



拍數: 40 牆數: 2 級數: Improver

編舞者: Britt Christoffersen (DK) - April 2014 音樂: Coward of the County - Kenny Rogers



Intro: 2x8

Diagonally Step Lock, Step Lock Step x 2

1 2 3 & 4 Step Diagonally Forward Right, Lock Left Behind Right, Step Diagonally Forward Right, Lock Left Behind Right, Step Diagonally Forward Right.

5 6 7 & 8 Step Diagonally Forward Left, Lock Right Behind Left, Step Diagonally Forward Left, Lock Right Behind Left, Step Diagonally Forward Left.

Cross Back Chasse, Rock Step, Left Triple 3/4

1 2 3 & 4 Cross Right Over Left, Step Back On Left, Step Right To Right Side, Step Left Next To Right, Step Right To Right Side.

Forward, Recover To Right, Triple In Place Turning 3/4 Left Stepping Left, Right, Left.

Walk Walk, Kick Ball Change, Rock Step, Shuffle Back

1 2 3 & 4 Step Right Forward, Step Left Forward, Kick Right Forward, Step Down On Right. Step Left Beside Right.

Forward, Recover To Left, Step Right Back, Close Left Beside Right, Step Right Back.

Back Rock, Step ¼ Cross, Rhumba box

1 2 3 & 4 Rock Left Back, Recover On Right, Step Forward On Left, Pivot 1/4 Turn Right, Cross Left Over Right.

5 & 6 7 & 8 Step Right Foot To Right Side, Step Left Foot Beside Right Foot, Step Forward On Right Foot, Step Left Foot To Left Side, Step Right Foot Next To Left Foot, Step Back On Left Foot.

Back Rock, Kickball Cross, Side Rock, Back Rock

1 2 3 & 4 Rock Back On Right, Recover On Left, Kick Right Forward. Step Right Beside Left. Cross Left Over Right

5 6 7 8 Rock Right To Right Side, Recover On Left, Rock Right Back, Recover To Left.

Ending: Dance the first 8 count, then cross right over left, unwind ½ left

Enjoy and have fun.

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