It's a Beautiful Day

拍數: 32

級數: Beginner

編舞者: Sue Smith (UK) - April 2014

音樂: It's a Beautiful Day - Michael Bublé : (Single)

16 Count Intro. [Track approx 3mins 20 secs]

SECTION 1: Right touch out, in, out, in, Right grapevine

- Touch Right toe to right side, touch Right toe next to left foot 1,2
- 3,4 Touch Right toe to right side, touch Right toe next to left foot
- 5,6 Step Right foot to right side, step Left foot behind right foot
- 7.8 Step Right foot to right side, touch Left foot beside right foot

SECTION 2: Left touch out, in, out, in, Left grapevine

- 1,2 Touch Left toe to left side, touch Left toe next to right foot
- 3,4 Touch Left toe to left side, touch Left toe next to right foot
- 5.6 Step Left foot to left side, step Right foot behind left foot
- 7,8 Step Left foot to left side, touch Right foot beside left foot

SECTION 3: Walk forward x 4, Walk back x4,

- 1-4 Walk forward Right, Left, Right, Left
- (Optional: Kick Left foot forward on beat 4)
- Walk back Left, Right, Left, Right 5-8

(Optional: Point Right foot diagonally back on beat 8)

SECTION 4: Forward step, hitch x3, ¼ Left, touch (Optional arms to swing & click fingers / clap on hitch) Step forward on Right, lift Left knee beside right 1,2

(OPTIONAL: Swing both arms up Right & click fingers / clap hands as hitch left knee)

Step forward on Left, hitch Right knee beside left 3,4

- (OPTIONAL: Swing both arms down to Left & click fingers / clap hands as hitch right knee)
- Step forward on Right, lift Left knee beside right 5.6
- (OPTIONAL: Swing both arms up Right & click fingers / clap hands as hitch left knee)
- Step Left 1/4 turn, touch Right next to Left (facing 9:00) 7,8

(OPTIONAL: Swing both arms down to Left & click fingers / clap hands as touch right foot beside left)

REPEAT, smile as the words say - and enjoy!

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牆數:4