Warpath

拍數: 32

級數: Intermediate

編舞者: Gloria Stone (USA) - April 2014

音樂: Warpath - Ingrid Michaelson : (Album: Lights Out, iTunes)

Step sheet provided by: SneakesNSpurs@neo.rr.com

Start after 48 counts, 16 counts after the instrumental section

S1: JAZZ BOX WITH POINT ¼ TURN RIGHT, SWITCH HEEL DIG ¼ TURN RIGHT, ROCK, RECOVER

- 1-4 Cross Right over Left, Step Left back, Step Right ¼ turn right, Point Left to left□3:00
- &5,6-8Step Left together, Step Right heel to forward, ¼ turn right (weight Right), Rock Left forward,
Recover Right□6:00

S2: COASTER, ¼ PIVOT TURN LEFT, WEAVE□

- 1&2,3-4 Step Left back, Step Right together, Step Left together, Step Right forward, Pivot ¼ turn left (weight Left)□3:00
- 5-8 Cross Right over Left, Step Left to left, Cross Right behind left, Step Left to left

Restart here during 3rd wall

S3: CROSS ROCK, RECOVER, TRIPLE ¼ TURN RIGHT, ROCK, RECOVER, COASTER

- 1,2,3&4 Rock Right over Left, Recover Left, Step Right, Step Left together, Step Right ¼ turn right to right
- 5,6,7&8 Rock Left forward, Recover, Step left back, Step Right together, Step Left forward [6:00]

S4: RUN, RUN, RUN, 1/2 TURN RIGHT, 1/4 TURN RIGHT, BUMP LEFT X2, BUMP RIGHT, BUMP LEFT

- 1&2 Step Right forward, Step Left forward, Step Right forward
- 3,4 Step Left back ½ turn right, Step Right forward ¼ turn right□3:00
- 5-8 Step Left slightly diagonally while bumping hip twice, Bump Right, Bump Left (weight left)

TAG: At the end of the 6th wall (you will be facing 6:00 for the 2nd time) add bump hips right, left, right, left. (ending weight left)

ENDING (You will be facing 12:00 when you start):

JAZZ BOX WITH POINT, SWITCH HEEL DIG 1/4 TURN RIGHT, ROCK, RECOVER

- 1-4 Cross Right over Left, Step Left back, Step Right back, Point Left to left
- &5,6-8Step Left together, Step Right heel to forward, ¼ turn right (weight Right), Rock Left forward,
Recover Right□3:00

COASTER, ¼ PIVOT TURN LEFT, WEAVE□

- 1&2,3-4 Step Left back, Step Right together, Step Left together, Step Right forward, Pivot ¼ turn left (weight Left)□12:00
- 5-8 Cross Right over Left, Step Left to left, Cross Right behind left, Step Left to left

HAVE FUN ! ! !

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Last Update - 18th Aug 2014





牆數:4