L-O-V-E Gal

拍數: 64

級數: Intermediate

編舞者: Winson Anderson - April 2014

音樂: Love Girl - CNBLUE

Intro: 48 Counts

Note: There is a Restart on Wall 3 which is up to 32 counts.

#1: WALK FORWARD X3, KICK, BACK TOUCH X2

- Walk forward on RF, LF, RF and kick LF forward 12.00 1-4
- 5-8 Step LF back, touch R toes beside LF and clap hands, step RF back, touch L toes beside RF and clap hands 12.00

#2: GRAPEVINE ¼ (L), SCUFF, ¼ (L), GRAPEVINE ¼ (R), SCUFF

Step LF to L side, cross RF behind LF, turn ¼ L stepping LF forward, scuff RF forward 9.00 1-4 5-8 Turn ¼ L stepping RF to R side, cross LF behind RF, turn ¼ R stepping RF forward, scuff LF forward 9.00

#3:□PIVOT ½ (R), FORWARD, HOLD, FULL TURN (L), FORWARD, HOLD□

- Step LF forward, turn 1/2 R, step LF forward, hold 3.00 1-4
- 5-8 Turn ½ L stepping RF back, turn ½ L stepping LF forward, step RF forward, hold 3.00

#4: STEP BRUSH X2, JAZZ BOX 1/4 (L) TOUCH

- 1-4 Step LF forward, brush RF forward, step RF forward, brush LF forward 3.00
- Cross LF over RF, turn ¼ L stepping RF back, step LF to L side, touch R toes beside LF 5-8 12.00

*** Restart on Wall 3 ***

#5:□SHIMMY SHOULDERS (R & L)□

- 1-4 Press RF to R side and shimmy shoulders, recover on LF while stepping RF beside LF & clap hands 12.00
- 5-8 Press LF to L side and shimmy shoulders, recover on RF while stepping LF beside RF & clap hands 12.00

Optional: You may bend both knees when doing the shimmy. \Box

#6: [] 'K' STEP: DIAGONAL FORWARD TOUCH, DIAGONAL BACK TOUCH X2, DIAGONAL FORWARD TOUCH

- 1-4 Step RF forward to R diagonal, touch L toes beside RF, step LF back to L diagonal, touch R toes beside LF 3.00
- Step RF back to R diagonal, touch L toes beside RF, step LF forward to L diagonal, touch R 5-8 toes beside LF 3.00

#7: JAZZ BOX ¼ (R), 'V' STEP: OUT X2 & IN X2

- Cross RF over LF, turn ¼ R stepping LF back, step RF to R side, step LF together with RF 1-4 3.00
- 5-8 Step RF forward to R diagonal, step LF forward to L diagonal, step RF back, step LF beside RF 3.00

#8:□(STEP, BACK ROCK & RECOVER) X2, PIVOT ½ (L)□

- 1-3 Step RF to R side, rock LF behind RF, recover weight on RF 3.00
- 4-6 Step LF to L side, rock RF behind LF, recover weight on LF 3.00
- 7-8 Step RF forward, turn 1/2 L 9.00





牆數:4