# Lighthouse



拍數: 64 牆數: 4 級數: Improver

編舞者: A.A.J.D (UK) - May 2014 音樂: Lighthouse - Lucy Spraggan



### Start with weight on the left foot

Walk Walk	. Kick Ball Change.	Rock	1/2 Shuffle

1.2	Step right foot t	forward Step	left foot forward.
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- 3 & 4 Kick right foot forward, Step right foot in place, Step left foot next to right.
- 5,6 Rock forward on the right, Recover onto left.
- 7 & 8 1/4 right stepping back right, Step left next to right, 1/4 stepping forward right.

## 1/2 Shuffle, Coaster, Cross Rock, Side, Cross Rock, 1/4

- 1 & 2 1/4 right stepping left to left side, Step right next to left, 1/4 right stepping back left.
- 3 & 4 Step back right, Step left next to right, Step forward right.
- 5 & 6 Cross rock left over right, Recover on to right, Step left to left side.
- 7 & 8 Cross rock right over left, Recover on to left, 1/4 right stepping right.

### Walk, Walk, Kick Ball Change, Rock, Recover, 1/4 Shuffle

- 1,2 Step left foot forward, Step right foot forward.
- 3 & 4 Kick left foot forward, Step left foot in place, Step right foot next to left.
- 5,6 Rock forward on the left, Recover onto right.
- 7 & 8 1/4 stepping left to left side, Step right next to left, Step left to left side.

#### Cross Rock, Side Rock, Behind, Side, Cross, Cross Rock, Side Rock, 1/2 Sailor

- 1 & Cross rock right over left, Recover onto left.
- 2 & Rock right to right side, Recover onto left.
- 3 & 4 Cross right behind left, Step left to left side, Cross right over left.
- 5 & Cross rock left over right, Recover onto right.
- 6 & Rock left to left side, Recover onto right.
- 7 & 8 Cross step left behind right, 1/4 left stepping right in place, 1/4 left stepping left to left side.

#### Step Pivot 1/2, 1/2 Shuffle, 1/4 Sailor, Rock, 1/2

1,2	Step riaht fo	oot forward.	Pivot 1/2 left.
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- 3 & 4 1/4 left stepping right, Step left next to right, 1/4 stepping back right.
- 5 & 6 Cross left behind right, 1/4 left stepping right next to left, Step left forward.
- 7 & 8 Rock forward on the right, Recover onto left, 1/2 right stepping forward right.

# Left Lock, Right Lock, Side Shuffle 1/4, Side Shuffle 1/4

1 & 2	Step left foot forward, Lock right behind left, Step left foot forward.
3 & 4	Step right foot forward, Lock left behind right, Step right foot forward.
5 & 6	Step left to left side, Step right next to left, 1/4 left stepping left forward.
7 & 8	Step right to right side, Step left next to right, 1/4 left stepping right back.

#### Side Shuffle 1/4, Side Shuffle, 1/2 Sailor, Right Shuffle

1 & 2	Step left to left side, Step right next to left, 1/4 left stepping left forward.
3 & 4	Step right to right side, Step left next to right, Step right to right side.

- 5 & 6 Cross step left behind right, 1/4 left stepping right in place, 1/4 left stepping left to left side.
- 7 & 8 Step forward right, Step left next to right, Step forward right.

#### Mambo Forward, Coaster Back, Rock, Recover, 3/4 Turn

1 & 2	Step left forward, Step right next to left, Step back on left.
3 & 4	Step back right, Step left together, Step forward right.
5,6	Rock left foot forward, Recover onto right.
7 & 8	3/4 turn stepping left right left.

# Restart on 2nd wall after 32 counts.

End dance on wall 6, do the first 18 counts, then rock 3/4 to the front.

# Smile & Enjoy