

Sing for Me

拍數: 32 牆數: 4 級數: Intermediate / Advanced
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2014
音樂: Sing for Me - Christina Aguilera : (Album: Lotus Deluxe - iTunes)



Starts on main vocals

Sequence ... 32, 16, 32, 32, 16, 32, 32, 8 + 2 count Tag, 32,32 .

Back, Back Rock 1/4, Behind, Side, Rock, Recover, Ball Cross, 1/4, 1/4,

- 1-2&3 Step back on Left, rock back on Right, recover on Left, make 1/4 turn to Left Stepping Right to Right side.
- 4&5 Cross step Left behind Right, step Right to Right side, Cross rock Left across Right.
- 6&7 Recover on Right, step Left to Left side, cross step Right over Left.
- 8& Make 1/4 turn to Right stepping back on Left, make 1/4 turn to Right stepping forward on Left.

1/2, Back lock Step, Coaster step, Step, Step 1/2 Step, 1/2, 1/4.

- 1-2&3 Make 1/2 turn to Right stepping Left next to Right, step back on Right, lock Left over Right Step back on Right.
- 4&4&5 Step back on Left, step Right next to Left, step forward on Left, step forward on Right.
- 6-7& Step forward on Left, step forward on Right, make 1/2 pivot turn to Left
- 8&1 Step forward Right, make 1/2 turn to Right stepping back on Left, make 1/4 turn to Right stepping Right Right to Right side.

Back Rock, Recover, Side, Back Rock 1/4 , 1/2, 1/4 Sweep, Cross & Cross.

- 2&3 Cross rock Left behind Right, recover on Right, step Left to Left side.
- 4&5 Cross rock Right behind Left, recover on Left make 1/4 turn Left stepping back on Right.
- 6-7 1/2 turn to Left stepping forward Left, make 1/4 turn Left as you sweep Right forward.
- 8&1 Cross step Right over Left, step Left to Left side, cross step Right over Left.

1/4, 1/4, Rock, Recover Side Cross, 1/4, 1/2, Mambo Step.

- 2&3 Make 1/4 turn to Right stepping back on Left, 1/4 turn Right stepping Right to Right side, rock Left over Right.
- 4&5 Recover on Right, step Left to Left side, cross step Right over Left.
- 6-7 Make 1/4 turn Right stepping back on Left, 1/2 turn Right stepping forward on Right.
- 8& (1)□Rock forward on Left, recover on Right, (step back on Left).

Wall 2&5 Restart with change of step.

Dance up to including count 15& then replace count 16 with a Rock forward on Right , then Restart from beginning of dance.

Wall 8 Restart with 2 count Tag.

Dance up to and including count 8& then add a 2 count Tag.. 1 walk forward on Left, 2 walk forward on Right. Restart dance from beginning.