

Fallen

拍數: 32

牆數: 4

級數: Intermediate - Non-Country Cha
Cha



編舞者: Imma Grobbelaar - May 2014

音樂: Fallen - Lauren Wood

Intro: 32 Beats

[1 - 8] ROCK FORWARD R; BACK LOCK BACK R; POINT BACK L; HALF-TURN LEFT; LEFT COASTER STEP

- 1,2 Rock forward with Right foot(1); recover on Left Foot (2)
- 3 & 4 Step back on Right Foot (3); Lock Left Foot over Right Foot (&); Step back on Right Foot (4)
- 5,6 Point Left Foot to Back with weight being on the Right Foot (5); Make a half Left Turn with weight being on your Right Foot(6) now facing your 6 'o clock wall
- 7&8 Left Foot Coaster Step (Step back on Left (7) Step Right next to Left (&) Step forward on Left

[9 - 16] ROCK SIDE R; TRIPLE STEP; STEP FORWARD LEFT; HALF PIVOT TURN RIGHT; STEP L TO LEFT; TOUCH RIGHT TO L

- 1,2 Rock Right foot to right side(1) ; Recover weight on Left Foot (2)
- 3&4 Triple Step (Right (3) Left (&) Right (4)) on the spot
- 5,6 (Half Pivot Turn Right (2 counts) Step Forward on Left Foot (5) keeping weight on ball of Right Foot make a half turn over your right shoulder so that you end up with your weight on your right foot facing the wall that was behind you (6)
- 7,8 Step with your Left Foot to the left side(7); and touch your Right foot to the Left foot (8)

[17 - 24] ROCK RIGHT FOOT BACK; TRIPLE STEP TO R; STEP DIAGONAL (1.30) WITH LEFT; QUARTER PIVOT TO LEFT (9 'O CLOCK); BACK LOCK BACK L

- 1,2 Rock back with your Right Foot(1); and recover weight onto the Left Foot(2)
- 3&4 Triple Step to Right (Right(3) Left(&) Right(4))
- 5,6 Step with your Left Foot to the Diagonal wall (1:30)(5) and swivelling on the Left Foot make a quarter pivot turn so that you are now facing the 9 'o clock wall and place the weight on the Right foot(6)
- 7&8 step back on Left Foot (7); Lock Right Foot over Left(&) step back on Left Foot(8)

[25 - 32] STEP BACK R NEXT TO L; STEP LEFT FOOT FORWARD; LOCK FORWARD R; L CROSS OVER R; FULL UNWIND; TRIPLE STEP L

- 1,2 Step Right Foot back next to Left Foot(1)); Step Left Foot forward (2)
- 3&4 Lock Steps Forward (3counts) step forward on Right Foot(3) Step Left Foot behind Right Foot(&) Step forward on Right Foot(4)
- 5,6 Cross Full turn Unwind (2counts) Cross Left Foot (Toe) in front of Right Foot (5) unwind on the balls of the feet to take weight onto the Right foot (6)
- 7&8 Triple Step (3counts) step Left to Left side(7) Step Right next to left (&) Step Left to Left side(8)

Small Tag Ending Wall 6 (And Just Before Starting Wall 7) After Full Unwind And Triple Step To Left – Touch Right Foot Next To Left Foot For A Small Hold Of 4 Counts – And Then Restart

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