

Lila

拍數: 64 牆數: 2 級數: Novice
編舞者: Bärbel Böttcher - May 2014
音樂: Lila Wolke by Peter Kraus (Zeitensprung)



Intro: 16 counts

S1: Rock Forward, Recover , $\frac{3}{4}$ Triple Turn, Side, Behind, Heel Switches

1 2 Rf Rock Forward, Recover On Lf
3 & 4 Turn $\frac{1}{2}$ Right Stepping Small Step Forward On Rf , Step Lf Next To Rf, Turn $\frac{1}{4}$ Right
 Stepping Rf Forward And Slightly In Front Of Lf
5 6 Step Lf To Left Side, Rf Behind Lf
&7&8 Step Lf Next Rf, Tap Right Heel In Front, Step Rf Next To Lf, Tap Left Heel In Front

S2: Step Forward, $\frac{1}{2}$ Turn, Triple $\frac{1}{2}$ Turn, Back Rock, Recover, Kick Ball Cross

& 1 2 Step Lf Next Rf, Step Forward Rf, Turn $\frac{1}{2}$ Left (Weight Is On Lf)
3 & 4 $\frac{1}{4}$ Turn Rf To Right Side, Lf Next To Rf, $\frac{1}{4}$ Turn Rf Back
5 6 Rock Back Lf, Recover On Rf
7 & 8 Kick Lf Forward, Lf Next To Rf, Rf Cross Over Lf

S3: Side, Hold, Sailer $\frac{1}{4}$ Turn, Boogie Walks L, R, Chasse

1 2 Lf To Left Side, Hold
3 & 4 $\frac{1}{4}$ Turn Rf Behind Lf, Lf Next To Rf, Rf In Front Of Lf
5 6 Walk Lf Forward, Walk Rf Forward
7 & 8 Lf To Left Side, Rf Next To Lf, Lf To Left Side

S4: Back Rock, Recover, Chasse Right, $\frac{1}{2}$ Turn, Side, Cross, Point, Point

1 2 Rf Behind Lf, Recover On Lf
3 & 4 Rf To Right Side, Lf Next To Rf, Rf To Right Side
& 5 6 $\frac{1}{2}$ Turn Left Stepping Lf To Left Side, Rf Cross Over Lf
&7&8& Lf Next To Rf, Point Rf In Front, Rf Next To Lf, Point Lf In Front, Lf Next To Rf

S5: Rock Forward, Shuffle Back, $\frac{1}{2}$ Turn, Cross, Coaster Cross

1 2 Rock Forward Rf, Recover On Lf
3 & 4 Step Rf Back, Lf Next To Rf, Step Rf Back
5 6 $\frac{1}{2}$ Turn Stepping Lf Forward, Rf Cross Over Lf
7 & 8 Lf Step Back, Rf Next To Lf, Lf Cross Over Rf

S6: Side Rock, Behind Side Cross, Side Rock, Coaster Step

1 2 Step Rf To Right Side, Recover On Lf
3 & 4 Step Rf Behind Lf, Lf To Left Side, Rf Cross Lf
5 6 Step Lf To Left Side, Recover On Rf
7 & 8 Step Lf Back, Rf Next To Lf, Lf Forward

S7: Toe Strut R, L, Rock Step, Sailer $\frac{1}{2}$ Turn

1 2 Step Right Toe Forward, Drop Heel
3 4 Step Left Toe Forward, Drop Heel
5 6 Rock Forward Rf, Recover On Lf
7 & 8 $\frac{1}{4}$ Turn Step Rf Behind Lf, Lf Next To Rf, $\frac{1}{4}$ Turn Rf In Front

S8: Side, Hold, Back Rock, Step, Hold, Walk, Walk

1 2 Step Lf To Left Side, Hold
3 4 Rock Back Rf Behind Lf, Recover On Lf

5 6 Step Rf In Front, Hold,
&7 8 Step Lf Next To Rf, Walk Rf, Walk Lf

TAG: 8 Count Tag After Wall 5 Facing 6:00 :

1 2 Rf Rock Forward, Recover On Lf
3 4 ½ Turn Rf Point And Hip Bump Drop Heel
5 6 ½ Turn Lf Point And Hip Bump Drop Heel
7 8 Rf Back Rock, Recover On Lf

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