拍數： 64
欗數： 2
級數：Intermediate／Advanced
編舞者：K－May 2014
音樂：I nostri nomi－Fraulein Rottenmeier ：（Album：Rottami－iTunes）

## Cross，hold，\＆side，turns

1－2 Rt foot step across front of Lt slightly forward，hold，
\＆3－4 Lt foot step back，Rt step to Rt side，Lt cross over Rt，
5 Step Rt foot to Rt side making a $1 / 4$ turn Lt，
6 Make a $1 / 2$ turn $L t$ and step $L t$ foot to $L t$ side，
7－8 Rt foot step forward，pivot a $1 / 2$ turn Lt，
9－16 Repeat 1－8（now facing the back wall）

## Pivot turns with claps

17－18 Rt foot step forward，pivot a $1 / 4$ turn Lt whilst clapping hands once，
19－20 Rt foot step forward，pivot a $1 / 4$ turn Lt whilst clapping hands twice，
21－22 Rt foot step forward，pivot a $1 / 4$ turn Lt whilst clapping hands once，
23－24 Rt foot step forward，pivot a $1 / 4$ turn Lt whilst clapping hands twice，
Forward sailors moving slightly back each time
25\＆26 Rt foot cross over Lt，Lt step back slightly，Rt foot step to side，（Rt forward sailor step）
27\＆28 Lt foot cross over Rt，Rt step back slightly，Lt foot step to side，（Lt forward sailor step）
Mambo，mambo turn
29\＆30 Rt foot step forward pushing hips forward，rock weight back onto Lt foot，bring Rt foot together，
31\＆Lt foot step back pushing hips backwards，rock weight forward onto Rt foot，
32－33 Pivot a $1 / 4$ turn Rt stepping Lt foot out to side，repeat，（a quick weight change is needed between each step＂

## Crosses and kicks

34 Lt foot step across Rt，
\＆Rt step to Rt side，
35 Kick Lt foot across Rt，
\＆Lt foot step to Lt side，
36 Kick Rt foot across Lt，
\＆Rt step to Rt side，
37 Kick Lt foot across Rt，
Side，together，side，sailors，pivots
38－39 Lt step a large step to Lt side，Rt slide next to Lt
40 Lt step to Lt side，
41\＆42 Rt sailor step，
43\＆44 Lt sailor step，
45－46 Rt step forward，pivot a $1 / 2$ turn Lt，
47－48 Rt step forward，pivot a $1 / 2$ turn Lt，

## Forward sailors moving slightly back each time

49\＆50 Rt foot cross over Lt，Lt step back slightly，Rt foot step to side，（Rt forward sailor step）
51\＆52 Lt foot cross over Rt，Rt step back slightly，Lt foot step to side，（Lt forward sailor step）

53-54 Rt foot step to side, Lt foot step to side, (feet shoulder width apart)
55\&56
Rt side shuffle,
57-58
Lt foot step to side, Rt foot step to side, (feet shoulder width apart)
59\&60
Lt side shuffle,
61-62 Make a $1 / 4$ pivot Rt, Rt foot step to side, Lt foot step to side, (feet shoulder width apart)
63-64
Make a $1 / 4$ pivot Rt, Rt foot step to side, Lt foot step to side, (feet shoulder width apart)

## Tag (after 2nd wall)

Hold for four beats and improvise
OR
1-4
Rt box step.

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