One In A Million

級數: Intermediate

編舞者: Guy Dubé (CAN) & Richard Boutet (CAN) - May 2014

牆數:4

音樂: One in a Million (Remix) - Bosson

Start: Intro 32 counts before begin the dance.

Steps description submitted by Ateliers MG Dance

[1-8] CROSS, TOUCH, CROSS, TOUCH, JAZZ BOX in 1/4 TURN R

- 1-2 Cross R over L, toe touch L to side
- 3-4 Cross L over R, toe touch R to side
- 5-6 Cross R over L, step L back
- 7-8 1/4 turn to right and step R forward, cross L over R

[9-16]□SCISSOR STEP, STEP SIDE, HOLD, BALL STEP BACK, RECOVER ON L, KICK-BALL CROSS, STEP SIDE

- 1&2 Step R ro side, step L together R, cross R over L
- 3-4 Step L to side, hold
- &5 Rapidly ball R lightly behind L, recover on L in place
- 6&7 Kick R forward diagonaly to right, ball R together L, cross L over R
- 8 Step R to side

[17-24] SAILOR STEP in 1/4 TURN L, SKATE R & L, CHASSÉ to R, CROSS, UNWIND 3/4 TURN R

- 1&2 Step L behind in 1/4 turn to left, step R together L, step L forward
- 3-4 (Traveling forward) skate to right, skate to left
- 5&6 Step R to side, step L together R, step R to side
- 7-8 Cross L over R, unwind 3/4 turn to right (ending weight on R)

[25-32]□CHASSÉ, HOLD, BALL STEP, RECOVER ON L, HEEL SWITCHES, GIANT STEP to SIDE, SLIDE

- 1&2 Step L to side, step R together L, step L to side
- 3&4 Hold, rapidly ball R lightly behind L, recover on L in place
- 5& Heel R forward diagonaly to right, rapidly step R together L
- 6& Heel L forward diagonaly to left, rapidly step L together R
- 7-8 Giant step R to side, slide L together R (ending weight on L)

TAG:□Àt the 10th repetition of the dance, do the 4 counts tag et restart the dance from the beginning. CROSS, 1/4 TURN L & TOUCH FWD, BODY ROLL, SLIDE SWITCH

- 1-2 Cross R over L, 1/4 turn to left and toe touch L forward
- 3-4 Body roll down to up on 2 counts
- & Slide rapidly step L together R

REPEAT...

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拍數: 32