So Feisty

COPPER KNOB

拍數: 80

級數: Phrased Advanced

編舞者: Scott Blevins (USA) & Tajali Hall (CAN) - May 2014

牆數:4

音樂: Feisty - Jhameel : (Album: Lion's Den)

16 count intro to start with the lyric "Tell" on count 1 Sequence: A – A with variation – last 16 of A – B – B – A – A	
[1–8] WALł	K, WALK, STEP, PIVOT, 3/8 LEFT, BEHIND, ¼ RIGHT, FORWARD, ROCK, OUT, OUT
1-2	1) Step R forward on a diagonal toward 11:00; 2) Step L forward on a diagonal toward 11:0
3&4	3) Step R forward on a diagonal toward 11:00; &) Turn ½ left taking weight on L; 4) Turn 3/8 left stepping R to right [12:00]
5&6	5) Step L behind R; &) Turn ¼ right stepping R forward [3:00]; 6) Step L forward
7&8	7) Rock R Forward; &) Recover to L as you step L slightly to left and start pushing hips to le
	and back; 8) Step R to right as you rotate hips to right
[9-16] ROC FORWARE	CK, RECOVER, SIDE, ROCK, ¼ RECOVER, ¼ STEP, CHASE TURN, ROCK, ¼ RECOVER,
1&2	1) Rock L across R; &) Recover to R; 2) Step L to left
3&4	3) Rock R across L; &) Turn ¼ right as you recover to L; 4) Turn ¼ right stepping R forward [9:00]
5&6	5) Step L forward; &) Turn ½ right taking weight on R; 6) Step L across R [3:00]
7&8	7) Rock R to right; &) Turn ¼ left as you recover to L; 8) Step R forward [12:00]
[17-24] STI	EP, PIVOT, STEP, ½ LEFT, ½ LEFT, SHUFFLE FORWARD, CHASE TURN
1-2-3-4	1) Step L forward; 2) Turn ½ right taking weight on R; 3) Step L forward; 4) Turn ½ left stepping R back [12:00]
a5&6	a) Turn ½ left; 5&6) Triple forward L-R-L [6:00]
7&8	7) Step R forward; &) Turn ½ left taking weight on L; 8) Step R forward [12:00]
[25-32] ½ F	RIGHT, ½ RIGHT, BOOGIE WALK, MAMBO, BEHIND, SIDE, FORWARD, CROSS
1-2	1) Turn ½ right stepping L back; 2) Turn ½ right stepping R forward
3&4	 Step ball of L forward pushing hip and knees to left; &) Step ball of R forward pushing hip and knees to right; 4) Step ball of L forward pushing hip and knees to left
5&6	5) Rock R forward; &) Recover to L; 6) Step R back
7&8&	7) Step L behind R; &) Step R to right; 8) Step L forward; &) Step R across L
[33-40] OU	T, OUT, SHUFFLE FORWARD, MAMBO ½, SIDE, TORQUE
1-2-3&4	1) Step L to left 2) Step R to right; 3&4) Triple forward L-R-L
5&6	5) Rock R forward; &) Recover to L; 6) Turn ½ right stepping R forward [6:00]
7-8	7) Step L to left; 8) Touch R to right while bending L knee slightly and torque upper body to
	RIGHT, ¼ RIGHT, BEHIND, ¼ LEFT, STEP, PIVOT, ¼ LEFT, BEHIND, SIDE, DIAGONAL
1-2-3-4	1) Turn ¼ right stepping R forward [9:00]; 2) Turn ¼ right stepping L to left [12:00]; 3) Step behind L; 4) Turn ¼ left stepping L forward [9:00]
5&6	5) Step R forward; &) Turn ½ left taking weight on L [3:00]; 6) Turn ¼ left stepping R to righ [12:00]
7&8	7) Step L behind R; &) Step R to right; 8) Step L forward on a diagonal toward 1:00

Pattern B - 32 counts:

NOTE: You will be facing the original 9 O'clock wall when you do both B's. For learning purposes we will use the original clock.



[1-8] ROCK, RECOVER, BEHIND, SIDE, ANGLE, ROCK, RECOVER, SIDE, CROSS TRIPLE

- 1-2 1) Rock R forward on a diagonal toward 7:00; 2) Recover to L
- 3&43) Step R behind L; &) Step L to left squaring up to 9:00; 4) Step R forward on a diagonal toward 11:00
- 5&6 5) Rock L forward on a diagonal toward 11:00; &) Recover to R; 6) Step L to left squaring up to 9:00
- 7&8 7) Step R across L; &) Step ball of L to left; 8) Step R across L

[9-16] ROCK, RECOVER, CROSS, ¼ LEFT, ¼ LEFT, SAILOR, TOUCH, STEP, TOUCH, STEP

- 1-2 1) Rock L to left; 2) Recover to R
- 3&4 3) Cross L over R; &) Turn ¼ left stepping R back [6:00]; 4) Turn slightly less than a ¼ left stepping L to left [3:00]
- 5&6 5&6) Sailor step R-L-R, squaring up to 3:00
- &7&8 With knees slightly bent □&) Touch L beside R, 7) Step L to left; &) Touch R beside L; 8) Step R to right

[17-24] BALL, CROSS, ¼ RIGHT, ¼ RIGHT, FORWARD, CHASE TURN, FULL TURN TRIPLE

- &-1 &) Step ball of L beside R; 1) Step R across L
- 2-3-4 2) Turn ¼ right stepping back on L [6:00]; 3) Turn ¼ right stepping R forward [9:00]; 4) Step L forward
- 5&6 5) Step R forward; &) Turn 1/2 left taking weight on L [3:00]; 6) Step R forward
- 7&8 7) Turn ¹/₂ right stepping L back; &) Turn ¹/₂ right stepping R forward; 8) Step L forward [3:00]

[25-32] PIVOT, FORWARD, MAMBO, BACK, BACK, COASTER STEP

- 1-2 1) Turn ¹/₂ right taking weight on R [9:00]; 2) Step L forward
- 3&4 3) Rock R forward; &) Recover to L; 4) Step R Back and directly behind L
- 5-6 5) Step L back and directly behind R; 6) Step R back and directly behind L

NOTE: When doing counts 4-5-6 think of walking backwards on a tightrope.

7&8 7) Step L back; &) Step R beside L; 8) Step L forward on a diagonal toward 7:00 A with variation: You will dance Pattern A as written through count 47&. On count 48 you will turn ¼ right on R

foot and touch L beside R. You will be facing the original 6 O'clock wall. Now you will dance the last 16 counts of Pattern A.

Begin Again and Enjoy!

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