

How We Roll

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Carol Cotherman (USA) - June 2014
音樂: This Is How We Roll (feat. Luke Bryan) - Florida Georgia Line



Dance starts on lyrics after 16-count musical intro

Vine Right, 1/2 Scuff/Hitch, Vine Left, 1/4 Scuff, Rocking Chair, Step, 1/4 Turn, Weave (begin)

1&2& Step right to side, step left behind right, 1/4 turn right stepping right forward, 1/4 turn right scuffing or hitching left (6:00)
3&4& Step left to side, step right behind left, 1/4 turn left stepping left forward, scuff right (3:00)
5&6& Rock right forward, recover to left, rock right back, recover to left
7&8& Step right forward, pivot 1/4 turn left, cross right over left, step left to side (12:00)

Weave (continued), Sweep, Weave, Sweep/Kick, Cross, Back, Back, Toe Touch, Step, Scuff, Rocking Chair

1&2& Step right behind left, sweep left from front to back, step left behind right, step right to side
3&4& Cross left over right, sweep right from back to side with a slight kick to forward right diagonal, cross right over left, step back on left
5&6& Step back on right, with left knee bent touch left toe across and in front of right, step left forward, scuff right
7&8& Rock right forward, recover on left, rock right back, recover on left

***Styling: Raise hands on rocking chair when lyrics say "hands up"**

Step, Step, 1/4 Turn, Cross, 1/2 Hinge Turn, Cross, Scissor Step, Side, Cross

1-2&3 Step right forward, step left forward, 1/4 pivot turn right, cross left over right (3:00)
4&5 1/4 Turn left stepping back on right, 1/4 turn left stepping left to side, cross right over left (9:00)
6&7&8 Rock left to side, step right next to left, cross left over right, step right to side, cross left over right

Restart Here on Wall 1.

(Right NCS) Side, Rock Back, Recover, Side, Behind, Side, Cross Rock, Recover, Side, Cross Shuffle

1- 2& Large step to right, rock left behind right, recover to right
3- 4& Large step to left, step right behind left, step left to side
5-6& Cross rock right over left, recover to left, step right to right side
7&8 Cross left over right, step right to side, cross left over right

REPEAT

Restart: Wall 1 after 24 counts. You will be facing [9:00].

Last Update - 23rd June 2014