

Outcast

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - June 2014
音樂: Outcast - Kerrie Roberts : (CD: Kerrie Roberts)



24 Count intro from the Beginning

#1: Chasse Left. Back Rock. 2 x 1/2 Turns Left. Forward Rock.

- 1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 3 – 4 Rock back on Right. Rock forward on Left.
- 5 – 6 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 7 – 8 Rock forward on Right. Rock back on Left.

#2: Diagonal Step Back. Diagonal Touch Forward (Right & Left). Right Kick-Ball-Cross. Side Step. Touch.

- 1 – 2 Step Right Diagonally back Right. Touch Left toe Diagonally forward Left.
- 3 – 4 Step Left Diagonally back Left. Touch Right toe Diagonally forward Right.
- 5&6 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.
- 7 – 8 Step Right to Right side. Touch Left toe beside Right. (Facing 12 o'clock)

Note: Counts 1 and 3 above ... Bend knees slightly and Dip down on each count.

#3: Side Step Left. Together. Left Cross Shuffle. 1/4 Turn Left. 1/2 Turn Left. Step. Pivot 1/4 Turn Left.

- 1 – 2 Step Left out to Left side. Close Right beside Left.
- 3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
- 5 – 6 Make 1/4 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 7 – 8 Step forward on Right. Pivot 1/4 turn Left. (Facing 12 o'clock)

#4: Cross. Side. Right Sailor 1/4 Turn Right. Forward Rock. Left Lock Step Back.

- 1 – 2 Cross step Right over Left. Step Left to Left side.
- 3&4 Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Step forward on Right.
- 5 – 6 Rock forward on Left. Rock back on Right.
- 7&8 Step back on Left. Lock step Right across Left. Step back on Left. (Facing 3 o'clock)

#5: Touch Back. Reverse Pivot 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Kick-Ball-Step. Step. Hitch

- 1 – 2 Touch Right toe back. Reverse pivot 1/2 turn Right. (Weight on Right)
- 3 – 4 Step forward on Left. Pivot 1/2 turn Right.
- 5&6 Kick Left forward. Step ball of Left beside Right. Step forward on Right.
- 7 – 8 Step forward on Left. Hitch Right knee up. (Facing 3 o'clock)

#6: 1/4 Turn Right. Point. 1/4 Turn Left. Point 1/4 Turn Left. Cross. 1/4 Turn Right. 1/4 Turn Right. Touch.

- 1 – 2 Make 1/4 turn Right stepping Right beside Left. Point Left toe out to Left side.
- 3 – 4 Step forward onto Left making 1/4 turn Left. Make 1/4 turn Left pointing Right toe out to Right side.
- 5 – 6 Cross step Right over Left. Make 1/4 turn Right stepping back on Left.
- 7 – 8 Make 1/4 turn Right stepping Right to Right side. Touch Left beside Right. (Facing 6 o'clock)

*****Restart Point – Wall 2*****

#7: Chasse 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Chasse Right. Back Rock.

- 1&2 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 3 – 4 Step forward on Right. Pivot 3/4 turn Left.
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 7 – 8 Rock back on Left. Rock forward on Right. (Facing 6 o'clock)

#8: Left Shuffle. Forward Rock. Touch Back. Reverse Pivot 1/2 Turn Right. Step. Pivot 1/2 Turn Right

1&2 Left shuffle forward stepping Left. Right. Left.

3 – 4 Rock forward on Right. Rock back on Left.

5 – 6 Touch Right toe back. Reverse pivot 1/2 turn Right. (Weight on Right)

7 – 8 Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)

Restart: Dance to Count 48 of Wall 2 ... then Start the Dance again from the Beginning (Facing 12 o'clock)
