

I Believe

拍數: 24 牆數: 2 級數: High Intermediate
編舞者: Alison Johnstone (AUS) & David Hoyn (AUS) - July 2014
音樂: I Believe (feat. Martha Marlow) - Michael Yezerski : (Album: A Place To Call Home - OST)



TAG: End of Wall 1 Facing 6 O/c - Very Easy-
Long Step Right, Back Rock, Recover (a), Big Step Left and Drag-

Start: On vocals

(1-8) Long Step Right, Back Rock, Recover (a), ¼ Left Stepping On Left, Pivot ½ Over Left, Step Sweep, Step Sweep, Weave Right (3.00)

1, 2a Long step Right, Rock Left behind Right, Recover Right (a)
3, 4a ¼ over Left Stepping Left forward (9.00), Step forward Right, Pivot ½ over Left (a) (3.00)
5, 6, Step forward Right sweeping Left, Step forward Left sweeping Right
7a8a Cross Right over Left, Side Left (a), Step Right behind Left, Side Left (a)

(9-16) Cross Rock, Recover, Side (a), Cross Unwind ¾ Over Right, Ball Step Left (a), Pivot ¼ Over Left To 7.30, Cross & Cross (9.00)

1, 2a Cross Rock Right over Left, Recover on Left, Step Right to Side (a)
3, 4 Cross Left over Right, Unwind ¾ to (12.00) keeping weight Right,
a5, 6 Ball Step Left (a), Step forward Right, Pivot ¼ over Left to (9.00)
7a8 Cross Right over Left, Side Left (a), Cross Right over Left

(17-24) Hinge ½ Over Right Stepping Back on Left Then Side on Right, Cross Rock, Recover, ¼ Over Left (&), Rock Forward, Recover, ½ Over Right (&), Full Spin Finish Side (6.00)

1, 2 Step Back Left hinge turning ¼ over Right (12.00), Step ¼ Right stepping Right to side (3.00)
3, 4a Cross Left over Right, Recover on Right, ¼ over Left (12.00) stepping Left forward (a)
5, 6a Rock forward Right, Recover Left, ½ over Right stepping forward Right (a) (6.00)
7a8 ½ over Right stepping back Left, ½ over Right stepping forward Right (a), Left to Side drag
Right towards Left

**** Easy Option For Finish Small Step Forward, Together Right(a), Step Left Side Dragging Right Towards Left****

START AGAIN

TAG: End Wall 1 Facing Back- Long Step Right, Back Rock Recover (1,2a), Long Step Left Drag Right (3,4)

ENDING: End Wall 4 Facing Front Take a BIG SLOW Drag the music stops The Vocals Start and then the BEAT starts. Start the Dance on the BEAT (Wall 5) you will dance up to 4 of SECTION 2 (count 12 Of Dance after the Cross Unwind) You will be facing Front

This beautiful track has hesitations on counts 12 of dance on wall 1 and 3 and at the end of Wall 2....stick with the counts and enjoy dancing continuing on the beat. Once you know the song it is very easy. However it is a dancers dance and these hesitations are what make the dance level High Intermediate

****This dance was choreographed for my recent Breast Cancer Charity workshop in Johor Bahru and it is dedicated to everyone who is having to deal with any trauma big or small..... BELIEVE....there are lots who care and love you – Alison J ****

Last Update - 25th Sept 2014

