# Sock It To Me

拍數: 48

級數: Phrased Intermediate



**音樂:** Uh - Fujiya & Miyagi

\*\* FIRST PLACE WINNER-Phrased div. Choreography @The Line Dance Marathon 2014 \*\*

## Sequence: AB-AB-AB-TAG-AAA-A[8]-AB-TAG

[16 count intro]

#### Part A: 32 counts

#### Backwards Slide, Ball cross, Step & Point, 1/4 Turn step, English cross, step fwd

- 1,2 Step back on L foot, slide R beside L
- &3,4 Step weight to R ball of foot, cross L over R, step R to R side
- 5, 6 Point L toe to L side, Step L to left side turning 1/4 turn L
- &7,8 Turn ¼ L and step R foot to side, L step across R, turn ¼ R and step R fwd

## [Restart here on wall 7]

#### 1/2 Turn Sweep, Weave, 1/4 turn, Triple

- 1,2 Step L fwd, making <sup>1</sup>/<sub>2</sub> Turn R, Sweep R foot from front to back
- 3&4 Cross R behind L, Step L to L side, cross R over L
- 5,6 Step L to L side, pivot ¼ turn to R
- 7&8 Triple Fwd L,R,L

## Side rock, cross & hold, Side Rock cross & hold

- 1,2 Side rock R to R side, Recover on L
- 3,4 cross R over L, Hold
- 5,6 Side rock L to L side, Recover on R
- 7,8 cross L over R, Hold

#### Step R, ¼ turn L, Step L, ¼ turn L, Hold, Ball side step, touch, kick, ball, cross

- 1,2 Step R to R side, bring L beside R and turn ¼ L, Step L to L side, bring R beside L and turn ¼ L
- 3,4 Step R to R side, Hold
- &5,6 Quickly step L ball beside R, Step R to R side, touch L beside R
- 7&8 Kick L foot, step on L ball of foot, Cross R over L

#### Part B: 16 counts

# Mirrored K-Step, Starting fwd with the Left foot

- 1,2 Step L Fwd at 45, touch R beside L and snap fingers
- 3,4 Step R Back at 45, touch L beside R and snap
- 5,6 Step L Back at 45, touch R beside L and snap
- 7,8 Step R Fwd at 45, touch L beside R and snap

# Step L with a ¼ turn, Slowly Sweep R, Step R, Slowly Sweep L, Rock recover

- 1,2 Step L to L side, turning ¼ to the L, USE 3 COUNTS to sweep R foot around
- 3,4 [continue sweeping R foot around to front]
- 5,6 Step R foot in front of L on 5, sweep L foot from back to front on 6
- 7,8 Rock Fwd on L, recover back on R

# TAG: 6 counts [The second time you do the Tag, do 5 counts & the music ends] Walk backwards with style





**牆數:**4

- 1,2 Step Back L & Pop R Knee, Step Back R & Pop L Knee
- 3,4 Step Back L & Pop R Knee, Step Back R & Pop L Knee
- 5,6 Step Back L & Pop R Knee, Step Back R & Pop L Knee

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