

# It Makes Me Feel Good

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Jaszmine Tan (MY) - July 2014  
音樂: Feel Good - Paperplane Pursuit



Intro : 16 count

**SEC 1 : Step diagonal back L Swivel heel, Step diagonal back R Swivel heel, Step L, Kick R, Touch R Behind, ¼ Turn R**

& 1 & 2      Step L diagonal back, swivel both heels out, in, out □□(10.30)  
& 3 & 4      Step R diagonal back, swivel both heels out, in, out □□(1.30)  
5 – 6      Step on L, kick R forward □□ □□□(12)  
7 - 8      Touch R behind, 1/4 turn R by stepping down on R. □□(3)

**SEC 2 : Body move to R, L, R (Hand movement), 1/4 L Turn, Flick, R Rock Forward, recover, Coaster R**

1      Move upper body to R with R hand pointing out to R, L hand pointing downward  
2      Move upper body to L with L hand pointing out to L, R hand pointing downward  
3      Move upper body to R with R hand pointing out to R, L hand pointing downward  
4      Move upper body to L 1/4 L with L hand pointing out to L, L hand pointing downward, flick R behind (12)  
5 – 6      Rock R forward, recover on L  
7 & 8      Step R behind, step L next to R, step R forward

**SEC 3 : Step L to L, Touch R behind L, 1/2 Turning L, Kick R forward Touch L to L, Kick L forward Touch R to R**

1 – 2      Step L to L, touch R behind L  
3 – 4      Step back on R 1/4 turning L, step L to L 1/4 turning L □(6)  
5 & 6      Kick R forward, touch L to L  
7 & 8      Kick L forward, touch R to R

**SEC 4 : 2 x 1/8 Paddle Turning L, Cross R over L, Cross L over R, Hip Bump (Feel Good Bump)**

1 – 2      Weight on L, Press R forward 1/8 turn L (Twice) Roll both hand roll above head □(3)  
3 & 4      Cross R over L, recover on L, step R to R  
5 & 6      Cross L over R, recover on R, step L to L  
7 & 8      Hip bump R,L,R (Weight on R) , (Hand up side way R,L,R)

**RESTART: WALL 7 – facing 6 o'clock**

**Dance up to 16 count (Sec 1 & 2) - Restart**

**Happy Dancing !**

**# You may change the hand styling but not the steps. Thank you**

**Contact - Email : [jaszdanze@gmail.com](mailto:jaszdanze@gmail.com)**