

Do It

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maggie Gallagher (UK) - June 2014
音樂: Do It All Over Again - Elyar Fox



Intro: 32 counts (17 secs)

S1: SIDE, TAP, ¼, ¼, TAP, ¼, ½ R SHUFFLE

- 1-2 Step right to right side, Tap left toe behind right with both arms pointing diagonally down to right □side and looking to right side
3-4 ¼ left stepping forward on left, ¼ left stepping right to right side [6.00]
5-6 Tap left toe behind right (arms & look as per count 2), ¼ right stepping back on left [9.00]
7&8 ½ right stepping forward on right, Step left next to right, Step forward on right [3.00]

S2: WALK L,R, SWIVEL, RUN BACK RLR, L COASTER, R HITCH

- 1-2 Walk forward on left, Walk forward on right
&3 Swivel both heels to right and back to centre
Note for styling on counts &3: Right leg is in knee pop position across left, replacing the weight back on left
4&5 Run back RLR
6&7-8 Step back on left, Step right next to left, Step forward on left, Hitch right across left [3.00]

S3: CROSS, ROCK & CROSS, ROCK & WALK AROUND FULL TURN L

- 1-2& Cross right over left, Rock left to left, Recover on right
3-4& Cross left over right, Rock right to right side, Recover on left
5-6 ¼ left stepping forward on right, ¼ left stepping forward on left
7-8 ¼ left stepping forward on right, ¼ left stepping forward on left [3.00]

Easier option counts 5-8: right Jazz Box

S4: ROCK & BACK, DRAG, BALL, BACK, L COASTER, STEP, ½ L PIVOT

- 1&2 Rock forward on right, Recover back on left, Big step back on right
3&4 Drag left to meet right, Slightly step back on left, Step back on right
5&6 Step back on left, Step right next to left, Step forward on left
7-8 Step forward on right, ½ pivot left [9.00]

Last Update - 21st July 2014