

Rude

拍數: 64 牆數: 4 級數: Beginner
編舞者: Chris Jackson (UK) - July 2014
音樂: Rude - MAGIC! : (Album: Magic - Amazon)



Quick start on count 2 after drum roll.

(Please note: In Section 1 there is a rhythm to these steps. Try leaning back slightly and think of them as 'heel, tap, tap, tap' with the accent and slight dip of the knees on the first tap. To help instructors count in please begin the dance with right heel already touching forward and when you hear the drumroll that will be the '1' and so start counting from the '2' e.g. 1 Drumroll, 2 tap, 3 tap, 4 tap)

SECTION 1: HEEL STRUT, TOE FAN, HEEL STRUT, TOE FAN

- 1,2,3,4 Touch right heel forward, bring right toe down, fan right toe to right side and bring toe down, return right toe to place and bring toe down
- 5,6,7,8 Touch left heel forward, bring left toe down, fan left toe to left side and bring toe down, return left toe to place and bring toe down

SECTION 2: HEEL STRUT, TOE FAN, HEEL STRUT, TOE FAN

- 1,2,3,4 Touch right heel forward, bring right toe down, fan right toe to right side and bring toe down, return right toe to place and bring toe down
- 5,6,7,8 Touch left heel forward, bring left toe down, fan left toe to left side and bring toe down, return left toe to place and bring toe down

SECTION 3: SIDE STRUT, CROSS STRUT, ROCK AND CROSS STRUT

- 1,2,3,4 Touch right toe to right side, bring right heel down, cross left toe over right, bring left heel down
- 5,6,7,8 Rock right to right side, recover on left, cross right toe over left, bring right heel down

SECTION 4: SIDE STRUT, CROSS STRUT, ROCK, TURN, CROSS STRUT

- 1,2,3,4 Touch left toe to left side, bring left heel down, cross right toe over left, bring right heel down
- 5,6,7,8 Rock left to left side, recover on right making a quarter turn to your right (3.0), cross left toe over right, bring left heel down

Ending here – Wall 9 (begins facing 6.0 – ends facing front)

SECTION 5: SIDE, BEHIND, SIDE, IN FRONT, SIDE, BEHIND, TURN, HITCH

- 1,2,3,4 Right to right side, left behind right, right to right side, cross left in front of right
- 5,6,7,8 Right to right side, left behind right, right to right side making a quarter turn to your right (6.0), hitch left knee

SECTION 6: FORWARD AND BACK AND STEP, TURN, CROSS STRUT

- 1,2,3,4 Rock forward on left, recover on right, rock back on left, recover on right
- 5,6,7,8 Step forward on left, pivot a quarter turn to your right (9.0), cross left toe over right, bring left heel down

Restart here – Wall 3 (begins facing 6.0 - change Left Cross Strut to Left Toe Strut)

SECTION 7: SIDE, BEHIND, SIDE, IN FRONT, SIDE, BEHIND, TURN, HITCH

- 1,2,3,4 Right to right side, left behind right, right to right side, cross left in front of right
- 5,6,7,8 Right to right side, left behind right, right to right side making a quarter turn to your right (12.0), hitch left knee

SECTION 8: FORWARD AND BACK AND STEP, TURN, TOE STRUT

- 1,2,3,4 Rock forward on left, recover on right, rock back on left, recover on right

5,6,7,8 Step forward on left, pivot a quarter turn to your right (3.0), step forward on left toe, bring left heel down

Restart end of Section 6 - Wall 3 (restart facing 3.0 – wall begins facing 6.0 – change left cross strut to left toe strut)

Ending end of Section 4 - Wall 9 (wall begins 6.0 – dance up to step 6, then step 7, step forward on left!)

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