

Gitty On Up

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Kampschroeder (USA) - April 2010
音樂: Giddy On Up - Laura Bell Bundy : (CD: Achin' and Shakin')



[1-8] □STEP SIDE, TOGETHER, CHASSE RIGHT, STEP SIDE, TOGETHER, CHASSE LEFT

1-2-3&4 Step side right, together, side, together, side
5-6-7&8 Step side left, together, side, together, side

[9-16] □TRIPLE STEP, TRIPLE STEP, SCUFF, HITCH, TOUCH, HIP RIGHT, HIP LEFT

1&2-3&4 Step right forward, together, forward, step left forward, together, forward
5&6-7-8 Scuff right, hitch, touch with right toe, hip right, hip left

[17-24] □BEHIND, SIDE, CROSS & CROSS, ROCK RECOVER, ¼ LEFT, COASTER STEP

1-2-3&4 Step right behind left, step side, cross right over left, recover, cross right over left
5-6&7&8 Rock to left, recover to right, turn ¼ left, back, together, forward

[25-32] STEP RIGHT FORWARD, LOCK, STEP, LOCK, STEP, STEP LEFT FORWARD, LOCK, STEP, LOCK, STEP

1-2-3&4 Step right foot forward, step left foot behind right, step forward, step left foot behind right, step right forward
5-6-7&8 Step left forward, step right foot behind left, step left, step right behind right, step left

REPEAT

Note: After the last scuff, hitch, touch, end the dance with a hip roll.

Partner version for couples

Couples begin in sweetheart position. Eliminate the ¼ left turn. Optionally, ladies may do a full right turn on beats 1-2 and the gents may do a full left turn on beats 5-6.

Enjoy!

Choreographer Contact Information:

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