

# My Moment

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Shaz Walton (UK) - August 2014  
音樂: Live My Life (feat. Justin Bieber) - Far East Movement



Count on...48 Counts...on...'This Beat'

**Step. Touch. Step. Touch. Step. Touch behind. Step together.**

- 1-2      Step side right. Cross touch left over right.
- 3-4      Step side left. Cross touch right over left.
- 5-6      Step side right. Touch left behind right.
- 7-8      Step side left. Step right beside left.

**(When touching behind or in front, bend you knees!!) (Optional)**

**Swivel x4. Rock back. Recover. Walk. Step ¼ pivot turn**

- 1-4      Swivels heels to right. Swivel toes to right. Swivel heels to right. Swivel heels to left. (Weight left)
- 5-6      Rock back on right. Recover on left.
- 7-8      Step forward right. Make ¼ turn left.

**Cross. Point. Touch. Side. Jazz box ¼**

- 1-2      Cross step right over left. Point left to left side.
- 3-4      Touch left beside right. Step left to left side.
- 5-6      Cross step right over left. Step back on left.
- 7-8      Make ¼ turn right stepping right to right side. Step forward left.

**Rock recover. Shuffle ½. Step pivot ½. Shuffle forward.**

- 1-2      Rock forward on right. Recover on left.
- 3&4      Make a shuffle ½ turn right stepping R-L-R
- 5-6      Step forward left. Make ½ turn right.
- 7&8      shuffle forward stepping L-R-L

**Ball step. Body roll. Back. Back. Bounce x3 making ½ turn.**

- &1      Step right beside left. Step left forward (This is the start of the body roll)
- 2-4      Body roll forward forward over 3 counts. (Weight Right)
- &5      Step back left. Step back right.
- 6-8      Make ½ turn right , bouncing (dropping heels) over 3 counts. (Weight left)

**Step back. Touch. Step back. Touch. Coaster step. Full turn (or 2 walks)**

- 1-2      Step back on right. Touch left across right.
- 3-4      Step back on left. Touch right across left.
- 5&6      Step back right. Step left beside right. Step forward right.
- 7-8      Make ½ turn right stepping back left. Make ½ turn right stepping forward right.

**Tag/Restart point. See below**

**Rock/hips x4. Ball step. Hold. Back. Step. Forward. Step ¼.**

- 1-2      Step forward left and rock forward. Rock back on right.
- 3-4      Rock forward left. Recover on right

**(Counts 1-4 roll your hips in a figure of 8 motion & sway shoulders)**

- &5-6      Step left beside right. Step right back. HOLD
- &7-8      step left beside right. Step forward right. Pivot ¼ turn left.

**Cross. Side behind side cross. Side rock. Recover. Behind ¼ step.**

- 1-2 Cross right over left. Step left to left side.  
3&4 Cross step left behind right. Step left to left side. Cross step right behind left.  
5-6 Side rock left to left. Recover on right.  
7&8 Cross step left behind right, make  $\frac{1}{4}$  turn right stepping right forward. Step forward left.

**Tag/Restart 3rd Wall after 48 counts but.... do the following. ....**

- 7-8& Make  $\frac{1}{2}$  turn right stepping back left. Make  $\frac{1}{2}$  turn right stepping forward right. Step left beside right.
-