Cajun Two-step



拍數: 24 牆數: 4 級數: Ultra Beginner

編舞者: Edith Bourbin & Russell Breslauer (USA) - August 2014

音樂: High-Point Cajun 2-Step

或: 2-Step-A-Will



Original Choeographer unknown: Presented by Edith Bourbin from observation at a Zydeco dance camp and adjusted by Russell Breslauer

Or Cajun Jamboree by Dave Sheriff or any Cajun (Zydeco) 2-step

To the Right side: Step R Step L together Step R Touch L hold
To the Left side: Step L Step R together Step L Touch R hold
Forward: RLR low kick the L hold
Back: LRL touch R toe behind hold
Jazz box (RLR) ¼ turn right on last R, Touch L hold
Jazz box (LRL) no turn Touch R, hold

Repeat to end of dance

Note: This dance was intended to be done outside in the heat so takes little energy. In the cool, it can be done with more vigor.

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