

Treble

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Ruben Luna (USA) & Michael Diven (USA) - August 2014
音樂: All About That Bass - Meghan Trainor



Intro: 32 count intro - Sequence: AA, BB, AA, BB, AAAA

PART A: Funky - 32 counts

Step, Right Sailor Step, Cross Step, Side Step, Hold, Ball Step 1/4 Turn R, Step Fwd L

1 Step left foot to left side
2&3 Rock right foot behind left foot, recover weight back to left foot, step right foot to right side
4 Cross step left over right
5-6 Step right foot to right, hold
&7-8 Step left ball of foot behind right, 1/4 turn right step right forward, step left forward (3:00)

Rock, Recover, 1/2 Turn Hip Bumps, 1/2 Turn Hip Bumps, Coaster Step

1-2 Rock forward on right foot, recover back to left
3&4 Pivot 1/2 turn right while bumping hips right, left, right (weight on right foot) (9:00)
5&6 Step left back turning 1/2 turn right bumping hips left, right, left (weight on left foot)(3:00)
7&8 Step right foot back, step left foot next to right, step left foot forward

Rock, Recover, Shuffle Backwards, Rock, Recover, Step, 1/2 Pivot

1-2 Rock forward on left foot, recover back to right foot
3&4 Step back on left foot, step right next to left, step back on left foot
5-6 Rock back on right foot, recover back to left foot
7-8 Step forward on right foot, pivot 1/2 turn left (weight ends on left foot) (9:00)

Right Kick-Ball-Point, Left Kick-Ball-Point, Syncopated Jazz Box Cross

1&2 Kick right foot forward, step right foot next to left, point left toe to left side
3&4 Kick left foot forward, step left foot next to right, point right toe to right side
5-6 Cross step right over left foot, step left slightly back
&7-8 Pivot 1/4 turn right stepping right foot to right side, pivot 1/4 turn right stepping left foot to left side, cross step right over left (3:00)

PART B: Classic Cha B Sequence will begin to back wall. – 32 counts

Step, Cross Rock, Right Side Triple, Cross Rock, Recover, 1/4 Turn Triple

1 Step left foot to left side
2-3 Cross rock right foot over left foot, recover weight back to left foot
4&5 Step right foot to right side, step left foot next to right, step right foot to right side
6-7 Cross rock left foot over right, recover weight back to right foot
8&1 Step left foot to left side, step right foot next to left, pivot 1/4 turn left stepping left foot forward (3:00)

Rock, Recover, Back Lock Step, Rock, Recover, Forward Lock Step

2-3 Rock forward on right foot, recover weight back to left foot
4&5 Step right foot back, lock left in front of right, step right foot back
6-7 Rock back on left foot, recover weight back to right foot
8&1 Step left foot forward, lock right foot behind left, step forward on left foot

Step, 1/4 Turn, Crossing Shuffle, Rock, Recover, Syncopated Weave

2-3 Step forward on right foot, pivot 1/4 turn left (weight ends on left foot) (12:00)
4&5 Cross step right over left, step left foot to left side, cross step right over left
6-7 Rock left foot to left side, recover back to right

8&1 Step left foot behind right, step right foot to right side, cross step left over right

Touch, ¼ Pivot, Coaster Step, 1/2 Pivot Turn Right, Step Together

2-3 Touch right toe to right side, pivot ¼ turn right (weight ends on left foot) (3:00)

4&5 Step back on right foot, step left foot next to right, step right foot slightly forward

6-7 Step forward with left, 1/2 pivot turn right weight on right (9:00)

8& Step left to left side, step right next to left

Choreographer Info:

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