Stay With Me

拍數: 32

級數: Improver

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音樂: Stay With Me - Sam Smith

Rock-Recover-Step, Rocking chair (or double pivot), Step, Sweep

- 1&234 Rock R to side, Recover L, Step R next to L, Rock L forward, Recover R.
- 5678 Rock L back, Recover R, Step L forward, Sweep R forward.

Shuffle, Step, 1/4 turn, Cross, Side, Cross, Touch

- Step R forward, Step L next to R, Step R forward, Step L forward, Pivot 1/4 right. 1&2 3 4
- 5678 Cross L over R, Step R to side, Cross L over R, Touch R apart from L.

Chase-step, Rock, 1/4 turn recover, Walk, Walk, Walk (or spin) Touch

- & 1 2 3 4 Step R next to L, Step L to side, Step R next to L, Rock L to side, Recover R 1/4 to right.
- 5678 Walk forward LRL (or spin) Touch R next to L.

Rock, Recover, Cross, Rock, 1/4 turn recover, Walk, Walk, Walk, Touch

- Rock R to side, Recover L, Cross R over L, Rock L to side, Recover R 1/4 to right. 1&234
- 5678 Walk forward LRL (or spin) Touch R next to L.

Begin Again! - Enjoy!



牆數:4