Holy Cowgirl

拍數: 32

級數: Improver

編舞者: Guyton Mundy (USA) - August 2014

音樂: Holy Cowgirl (Dance Remix) - J Michael Harter

#32 Count Intro

[1-8] rock/recover, behind side cross X2

- 1 2 Rock right to right, recover on left
- 3&4 step right behind left, step left to left, cross right over left
- 5 6 rock left to left, recover on right
- 7&8 Step left behind right, step right to right, cross left over right

[9-16] out, out, hold X2, forward forward, back, back,

- & 1 2 Step forward on right, step out on left, hold
- &3 4 Step back on right, step out on left, hold
- 5-6 step out and forward on right, step out with left
- 7-8 Step back on right, step together with left

[17-24] Pony forward, cross, back, 1/4 side, cross and cross

- 1&2 step forward on right as you slightly hitch left, step down on left, step forward on right as you slightly hitch left
- 3-4 Step forward Left Cross Right over Left
- 5 6 step back on left, make a 1/4 turn to right stepping right to right side
- 7&8 cross left over right, step right to right, cross left over right

[25-32] Out hols X2, 1/2 turn jazz box

- 1-2 Step Right Forward Diagonal hold
- 3-4 Step Left Forward Diagonal hold
- 5-6 cross right over left, step back on right while making a 1/4 turn to right
- 7-8 make a 1/4 turn to right stepping forward on right, step forward on left

Restarts: -

Wall 2 facing 9:00 after 20 counts – after the pony touch right next to left on count 4 and restart the dance Wall 6 after 16 counts facing 12:00

Wall 10 after 20 counts facing 3:00 - after the pony touch right next to left on count 4 and restart the dance





牆數:4