With Or Without You

拍數: 64

級數: Intermediate

編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - August 2014

音樂: With or Without You - Johnny Sky

Start after 32 count intro – [3mins 58secs – 130 bpm]

[1-8] R fwd, L fwd rock/recover, L back, walk back 2, R back rock/recover

- Step R forward, rock L forward, recover weight on R, step L back 1-4
- 5-8 Step R back, step L back, rock R back, recover weight on L

*Turning option: Step R forward, rock L forward, recover weight on R, 1/2 turn L stepping L forward, 1/2 turn left stepping R back, step L back, rock R back, recover weight on L

[9-16] R fwd, L full spiral, L fwd, R fwd, ¼ L pivot turn, R cross step, L side rock/recover

- 1-2 Step R forward in preparation to turn L, spiral left a full turn on R
- 3-4 Step L forward, step R forward
- 5-8 Pivot ¼ left, cross step R over left, rock L side, recover weight on R (9 o'clock)

[17-24] L cross step, R side point, ½ R hook, R fwd, L fwd rock/recover, ½ L, ½ L

- Cross step L over R, point R side, turning 1/2 right hook R over L, step R forward (3 o'clock) 1-4
- 5-8 Rock L forward, recover weight on R, turning ½ left step L forward, turning ½ left step R back

[25-32] 1/2 L, R fwd, ¼ L pivot turn, R cross step, L side, R back rock/recover, R side

- 1-4 Turning ½ left step L forward, step R forward, pivot ¼ left, cross step R over left (6 o'clock)
- 5-8 Step L side, rock R back, recover weight on L, step R side

[33-40] L back rock/recover, L fwd, ½ R pivot turn, L fwd, ½ L, ¼ L, R cross step

- 1-4 Rock L back, recover weight on R, step L forward, pivot ¹/₂ right (12 o'clock)
- 5-8 Step L forward, turning ½ left step R back, turning ¼ left step L side, cross step R over L (3) o'clock)

[41-48] Sway L,R,L, touch, full turn R, L cross step

- 1-4 Stepping L to left side sway hips L, sway hips R, sway hips L, touch R together
- 5-6 Turning ¹/₄ right step R forward, turning ¹/₂ right step L back
- 7-8 Turning ¼ right step side, cross step L over R

[49-56] R side rock/recover, turning ¼ right R rock back/recover, R fwd, ½ left pivot turn, R fwd, ¼ left pivot turn

- 1-4 Rock R side, recover weight on L, turning ¼ right rock R back, recover weight on L (6 o'clock)
- RESTART: WALL 6 dance to count 52 and restart facing the front wall
- Step R forward, pivot ¹/₂ left, step R forward, pivot ¹/₄ left (9 o'clock) 5-8

[57-64] R jazz cross, R side rock/recover, cross R behind, ¼ L step L fwd

- 1-4 Cross step R over L, step L back, step R side, cross step L over R
- Rock R side, recover weight on L, cross step R behind L, turning ¼ left step L forward (6 5-8 o'clock)

Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website: www.thedancefactoryuk.co.uk

Last Update – 17th Sept 2014





牆數:2